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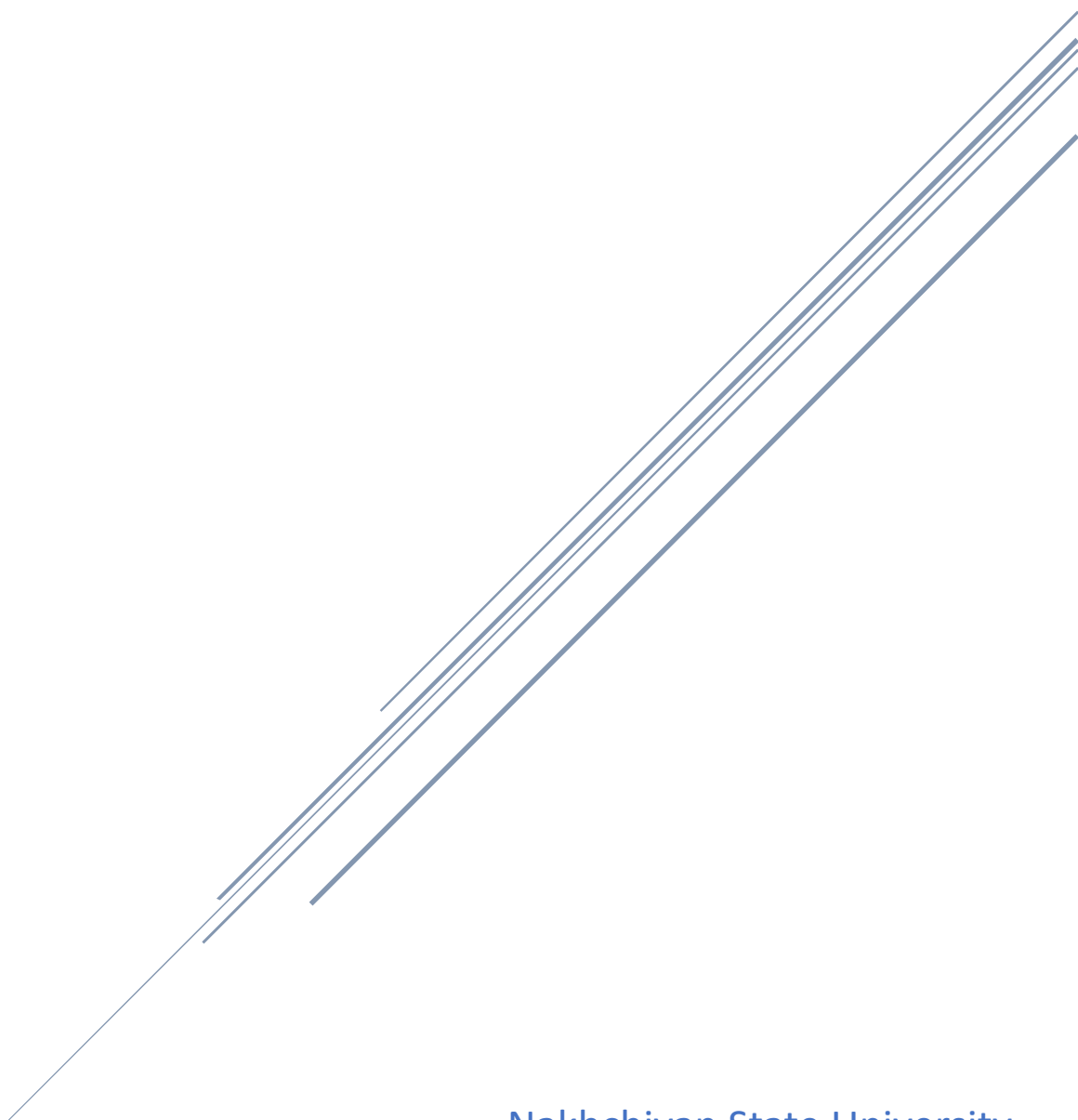


**CONNECT WITH ENGLISH**  
A2-B1 SPEAKING HANDBOOK

# CONNECT WITH ENGLISH

## A2-B1 SPEAKING HANDBOOK

Unlocking Conversations, One Word at a Time.



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## *Preface*

Diving into the world of English at an A2-B1 level, this book is crafted to guide you through a series of captivating topics, each designed to bolster your language skills and broaden your cultural understanding.

Our journey through these pages covers a spectrum of themes, from the excitement of local festivals to the dreams and aspirations surrounding your ideal job. You will explore various subjects such as planning trips, understanding environmental concerns, and the thrill of music and concerts.

This book is more than just a language learning tool; it's a window into diverse experiences and viewpoints. Each lesson is structured to enhance your conversational abilities, making English not just a subject to learn, but a world to explore.

As you progress, you'll find yourself delving into topics like technology, health trends, and even the significance of historical figures in Azerbaijan. By the end of this book, not only will your English skills have improved, but you'll also have gained insights into various aspects of life and culture.

Let's begin this exciting journey together, turning every page into an opportunity to learn and grow in the English language.

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## Lesson 1. Local Festivals and Celebrations

### 1. Part 1: Introduction and Interview

1. What is your name?
2. Where are you from?
3. Do you work or are you a student?
4. What subject do you like the most?
5. Tell me about your hometown.
6. What do you like to do in your spare time?
7. Do you have any hobbies or interests?
8. What is your favorite type of food?
9. Do you prefer reading books or watching movies?
10. Can you describe your daily routine?

### 2. Part 2: Long Turn (Cue Card)

Describe a local festival or celebration in Azerbaijan that you enjoy.

- You should say:
  - What the festival or celebration is
  - When and where it usually takes place
  - What activities are common during this festival

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why are festivals important in Azerbaijani culture?
2. How do festivals in Azerbaijan reflect the country's history and traditions?
3. Do you think festivals help in bringing communities together? How?
4. How might Azerbaijani festivals change in the future?
5. Besides festivals, what other ways can cultures express their heritage?

## Model responses

### Part 1: Introduction and Interview

1. What is your name?
  - My name is Farid.
2. Where are you from?
  - I am from Baku, Azerbaijan.
3. Do you work or are you a student?
  - I am a student at the university.

### Phrasal Verbs and New Words:

1. **Hang out:** Spend time relaxing or enjoying oneself.
  - I like to hang out with my friends on weekends.
2. **Wake up:** Stop sleeping.
  - I wake up at 7 AM every day.

4. What subject do you like the most?  
- I like studying history the most. It's very interesting.
5. Tell me about your hometown.  
- Baku is my hometown. It's a big city with many people and beautiful places to visit, like the Flame Towers.
6. What do you like to do in your spare time?  
- In my spare time, I like to hang out with friends and go for walks.
7. Do you have any hobbies or interests?  
- Yes, I enjoy playing football and reading books.
8. What is your favorite type of food?  
- My favorite food is dolma. It's a traditional Azerbaijani dish.
9. Do you prefer reading books or watching movies?  
- I prefer watching movies, especially action movies.
10. Can you describe your daily routine?  
- Sure, I usually wake up early, go to university, and then study. In the evening, I either relax at home or meet friends.

***Sample Response for Part 2 - Long Turn (Cue Card):***

Today, I want to talk about Novruz, which is a very special festival in Azerbaijan. It is one of my favorite times of the year. Novruz marks the beginning of spring, and it usually takes place on March 20th or 21st. This festival is all about celebrating new life and the end of the old year. It's a time when everything feels fresh and new.

Novruz is celebrated all across Azerbaijan, in big cities and small villages. My family usually celebrates it in our hometown, Baku. The whole city gets decorated, and there's a feeling of happiness everywhere.

One of the best things about Novruz is the food. We make traditional sweets like Shekerbura and Pakhlava, which are really delicious. Families get together and have big meals. We also have a lot of fun activities. Children, and sometimes even adults, jump over small fires. It's an old tradition that's supposed to purify and bring good luck.

3. ***Relax:*** To rest and do something enjoyable, especially after work or effort.

- I relax by listening to music.

1. ***Celebrate:*** To do something enjoyable in order to show that an occasion or event is special.

- We celebrate Novruz every spring with a lot of traditional activities.

2. ***Get together :*** To meet with people, usually for a social reason.

- Families get together during Novruz to enjoy meals and spend time with each other.

3. ***Decorate:*** To add things to an object or place to make it more attractive.

- The city gets decorated with lights and colors for the festival.



There are also street performances during Novruz. People wear traditional clothes and perform dances and music. It's really beautiful to see. Everyone is friendly and joyful, and there's a strong sense of community.

In short, Novruz is not just a festival; it's a celebration of culture, tradition, and the start of something new. It brings everyone together and is a big part of what makes our culture so unique and special.

### ***Part 3: Discussion***

1. Why are festivals important in Azerbaijani culture?
  - Festivals are important in Azerbaijani culture because they bring people together to celebrate our traditions and history. They are a way to remember and honor our past.
2. How do festivals in Azerbaijan reflect the country's history and traditions?
  - Festivals in Azerbaijan show our history and traditions through traditional music, dances, and food. They often tell stories from our past and keep old customs alive.
3. Do you think festivals help in bringing communities together? How?
  - Yes, festivals help bring communities together. They are times when everyone, young and old, gathers to celebrate, which creates a strong sense of community and belonging.
4. How might Azerbaijani festivals change in the future?
  - In the future, Azerbaijani festivals might include more modern elements, like technology. But I think they will always keep the traditional parts because they are so important to our culture.
5. Besides festivals, what other ways can cultures express their heritage?
  - Cultures can express their heritage through art, like paintings and sculptures, and through storytelling and music. Museums and historical sites also help in sharing a culture's heritage.

4. ***Jump over*** : To leap or hop over something.

- Children jump over small fires as part of the traditional celebration.

5. ***Bring together*** : To cause people to be friendly with each other.

- Novruz is a time that brings together people from all over the country.

1. ***Heritage***: The traditions, achievements, beliefs, etc., that are part of the history of a group or nation.

- Azerbaijani festivals are a key part of our cultural heritage.

2. ***Gather***: To come together in a group, or to make people do this.

- During festivals, people from all over the country gather to celebrate.

3. ***Keep alive*** : To ensure the continued existence or preservation of something.

- Festivals help to keep alive our traditions and customs.

## Lesson 2. Favorite Movies and TV Shows

### 1. Part 1: Introduction and Interview

1. What is your full name?
2. Where do you live?
3. Are you a student or do you work?
4. What subject are you studying or what is your job?
5. What's your favorite way to relax?
6. Do you prefer spending time indoors or outdoors?
7. Can you tell me about your favorite book?
8. What kind of music do you enjoy?
9. Who is your best friend and why?
10. What is your favorite holiday, and how do you celebrate it?

### 2. Part 2: Long Turn (Cue Card)

- Describe your favorite movie or TV show.
- You should say:
    - What the movie or TV show is about
    - Why you like it
    - Who your favorite character is and why

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think movies and TV shows are popular forms of entertainment?
2. Do you think watching movies and TV shows in English can help you learn the language?
3. How do you think movies and TV shows influence young people?
4. Do you prefer international movies and shows or those produced in your own country? Why?
5. What kind of movies or TV shows do you think will be popular in the future?

### Model responses

1. What is your full name?  
- My full name is Suay Mammadova.
2. Where do you live?  
- I live in Ganja, Azerbaijan. It's a beautiful city with a lot of history.
3. Are you a student or do you work?  
- I am a student. I study at Ganja State University.
4. What subject are you studying or what is your job?  
- I am studying English literature. I love reading and analyzing stories.

5. What's your favorite way to relax?

- My favorite way to relax is by reading a good book or taking a walk in the park.

6. Do you prefer spending time indoors or outdoors?

- I prefer spending time outdoors, especially in the countryside. Nature makes me feel calm and happy.

7. Can you tell me about your favorite book?

- My favorite book is 'The Little Prince' by Antoine de Saint-Exupéry. It has beautiful lessons about life and love.

8. What kind of music do you enjoy?

- I enjoy listening to pop music. It's upbeat and always puts me in a good mood.

9. Who is your best friend and why?

- My best friend is Aylin. She's always there for me, and we have a lot of fun together.

10. What is your favorite holiday, and how do you celebrate it?

- My favorite holiday is Novruz. We celebrate it with family, cooking traditional food, and participating in festive activities.

**Sample Response for Part 2 - Long Turn (Cue Card):**

My favorite TV show is 'Friends.' It's an American sitcom about a group of friends living in New York City. The show is really funny and has interesting stories about their lives and relationships.

I like it because it always cheers me up and makes me laugh. The characters feel like real people, and it's easy to relate to their experiences. It's a great show to watch when I want to unwind after a long day.

My favorite character is Chandler. He's very funny and often uses humor to get out of awkward situations. I like him because he's kind-hearted and always there for his friends.

**Phrasal Verbs and New Words:**

1. **Cheer up** : To become happier or to make someone feel happier.

- Watching 'Friends' always cheers me up.

2. **Unwind** : To relax and allow your mind to be free from worry after a period of work or some other activity that has made you worried.

- I watch TV to unwind in the evenings.

3. **Sitcom**: A situation comedy; a type of comedy television series about a set of characters.

- 'Friends' is a popular American sitcom.

4. **Awkward**: Causing or feeling embarrassment or inconvenience.

- Chandler often finds himself in awkward situations.

### ***Part 3: Discussion***

1. Why do you think movies and TV shows are popular forms of entertainment?
  - Movies and TV shows are popular because they are fun and a good way to relax. People also like stories and seeing different lives on screen.
  
2. Do you think watching movies and TV shows in English can help you learn the language?
  - Yes, watching them in English can help. It's good for listening practice and learning new words.
  
3. How do you think movies and TV shows influence young people?
  - They can influence young people a lot. They might learn new things or get ideas about life and relationships.
  
4. Do you prefer international movies and shows or those produced in your own country? Why?
  - I like international movies because they show different cultures. But I also watch local shows to see stories from my own country.
  
5. What kind of movies or TV shows do you think will be popular in the future?
  - In the future, I think more movies and shows with technology and science fiction will be popular. People like new ideas and seeing the future.

## Lesson 3. Planning a Trip

### 1. Part 1: Introduction and Interview

1. What job do you do?
2. Why did you choose this job?
3. What is a typical day like at your job?
4. What do you enjoy most about your work?
5. Are there any difficult parts of your job?
6. How long have you been working in this job?
7. What was your first job?
8. Do you work with other people or alone?
9. Would you like to change your job in the future?
10. What is a popular job in your country?

### 2. Part 2: Long Turn (Cue Card)

*Describe a trip you would like to plan.*

- You should say:
  - Where you would like to go
  - What you would do there
  - Who you would like to go with

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. What do you think are the benefits of traveling?
2. How do you think traveling can impact a person's views or opinions?
3. What do you think are the most important things to take with you on a trip?
4. Do you think it's better to travel alone or with others? Why?
5. How do you think technology has changed the way we plan and experience travel?

## Model responses

### Part 1: Introduction and Interview

1. What job do you do?  
- I work as a teacher. I teach English at a local school.
2. Why did you choose this job?  
- I chose this job because I love English and I enjoy helping others learn. It's great to see students improve.
3. What is a typical day like at your job?  
- A typical day involves giving lessons, preparing class materials, and sometimes meeting with other teachers. It's busy but rewarding.

### Phrasal Verbs and New Words:

1. **Engaged:** Involved in and enthusiastic about an activity.  
- Keeping students engaged in the lesson is important for their learning.
2. **Fulfilling:** Making someone feel happy and satisfied because of doing something important or useful.

4. What do you enjoy most about your work?  
- I enjoy interacting with my students the most. It's fulfilling to teach and learn from them.

5. Are there any difficult parts of your job?  
- Yes, sometimes it's challenging to keep all students engaged and motivated. But I try different methods to make lessons interesting.

6. How long have you been working in this job?  
- I have been working in this job for three years now.

7. What was your first job?  
- My first job was a cashier at a grocery store. It was a good experience for me to start working.

8. Do you work with other people or alone?  
- I work with other people. I have colleagues at school and of course, my students.

9. Would you like to change your job in the future?  
- Maybe in the future, I might consider a different role in education. But right now, I'm happy where I am.

10. What is a popular job in your country?  
- A popular job in my country is in IT, like a software developer. Many people are interested in technology.

**Sample Response for Part 2 - Long Turn (Cue Card):**

I would like to plan a trip to Paris, France. It's a city I've always dreamed of visiting. Paris is famous for its beautiful architecture, art, and history. I would love to see the Eiffel Tower and walk along the Seine River.

In Paris, I'd spend time visiting museums like the Louvre to see famous artworks, especially the Mona Lisa. I would also explore local cafes and try French cuisine. Tasting different foods is a big part of why I want to travel.

I would like to go on this trip with my best friend. We both enjoy traveling and learning about new cultures. It would be fun to experience Paris together and make lasting memories.

- Teaching is a fulfilling job because it allows me to help others.

3. **Consider:** To think about something carefully, especially before making a choice or decision.

- I might consider a different role in education in the future.

4. **Cashier:** A person who handles payments and receipts in a store, bank, or other business.

- My first job was as a cashier in a grocery store.

1. **Dreamed of :** To have hopes or ambitions to achieve something.

- I have always dreamed of visiting Paris.

2. **Walk along :** To move on foot beside something, such as a river.

- I want to walk along the Seine River and enjoy the view.

3. **Cuisine:** A style or method of cooking, especially characteristic of a particular country or region.

- Trying French cuisine would be a highlight of the trip.

### ***Part 3: Discussion***

1. What do you think are the benefits of traveling?

- Traveling can teach us about new cultures and help us see different ways of life. It's also good for relaxation and trying new things.

2. How do you think traveling can impact a person's views or opinions?

- Traveling can open our minds. It can make us more understanding and aware of how big and diverse the world is.

3. What do you think are the most important things to take with you on a trip?

- The most important things are your passport, money, and a map or guide. It's also good to have a phone to stay connected.

4. Do you think it's better to travel alone or with others? Why?

- I think it's better to travel with others, like friends or family. It's safer and more fun to share experiences.

5. How do you think technology has changed the way we plan and experience travel?

- Technology makes planning travel easier. We can book flights and hotels online and use apps to find our way around new places.

## Lesson 4. Food and Cooking

### 1. Part 1: Introduction and Interview

1. Can you describe your home?
2. What is your favorite room in your home? Why?
3. Do you live in a house or an apartment?
4. Who do you live with?
5. What can you see from the windows of your home?
6. What changes would you like to make to your home?
7. Is there something special about your home that you like very much?

### 2. Part 2: Long Turn (Cue Card)

*Describe a traditional Azerbaijani dish that you enjoy.*

- You should say:
  - What the dish is and what ingredients are in it
  - Why you like it
  - When it is typically eaten or prepared

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why is traditional food important in a culture?
2. Do you think cooking skills are important for young people to learn? Why?
3. How do you think food preferences have changed in Azerbaijan over the years?
4. Do you think people are becoming more interested in international cuisines? Why?
5. How do you think food and cooking bring people together?

### Model responses

1. Can you describe your home?
  - My home is a cozy apartment with two bedrooms, a living room, a kitchen, and a bathroom. It's not very big, but it's comfortable and has everything we need.
2. What is your favorite room in your home? Why?
  - My favorite room is the living room because it's where we all gather to spend time together. It has a comfortable sofa and a TV where we watch movies.
3. Do you live in a house or an apartment?
  - I live in an apartment. It's in a tall building in the city center.

### Phrasal Verbs and New Words:

1. **Cozy:** Comfortable and pleasant, especially (of a building) because of being small and warm.
  - My home is a cozy apartment, perfect for our family.
2. **Gather:** To come together in a group, or to make people do this.
  - The living room is where we all gather to spend time together.



4. Who do you live with?

- I live with my family, which includes my parents and my younger sister.

5. What can you see from the windows of your home?

- From my windows, I can see the street below and some other apartment buildings. There's also a park nearby that I can see.

6. What changes would you like to make to your home?

- I would like to have a bigger kitchen because we love cooking. Also, adding more plants would be nice to make it greener.

7. Is there something special about your home that you like very much?

- The special thing about my home is the balcony. It has a great view and is a nice place to sit and relax.

3. **Greener:** Containing more plants or foliage; more environmentally friendly.

- Adding more plants would make our home greener and more lively.

***Sample Response for Part 2 - Long Turn (Cue Card):***

One traditional Azerbaijani dish I really enjoy is Dolma. Dolma is made with grape leaves stuffed with a mix of minced meat, rice, onions, and various herbs and spices. Sometimes, it also includes tomato and bell pepper. It's a delicious and flavorful dish.

I like Dolma because it reminds me of family gatherings and celebrations. The mix of herbs and spices gives it a unique taste that I love. It's not just about the taste, though; making Dolma is like a tradition in our family, where everyone comes together to help prepare it.

Dolma is typically eaten during special occasions or family gatherings. It's a dish that brings people together and is often prepared for celebrations like Novruz or weddings. Eating Dolma always brings back happy memories for me.

***Phrasal Verbs and New Words:***

1. **Stuffed:** Filled with a mixture of various ingredients.

- Dolma is made with grape leaves stuffed with minced meat and rice.

2. **Flavorful:** Full of flavor; tasty.

- Dolma is a flavorful dish because of its herbs and spices.

3. **Gatherings:** Occasions when a group of people comes together for a purpose.

- Dolma is typically eaten during family gatherings and special occasions.

### ***Part 3: Discussion***

1. Why is traditional food important in a culture?

- Traditional food is important because it's part of our heritage. It connects us to our history and brings our culture to life.

2. Do you think cooking skills are important for young people to learn? Why?

- Yes, cooking skills are important. They help young people become more independent and keep them connected to their cultural roots.

3. How do you think food preferences have changed in Azerbaijan over the years?

- Food preferences in Azerbaijan have changed as more people are trying international foods. But traditional dishes are still very popular.

4. Do you think people are becoming more interested in international cuisines? Why?

- Yes, people are more interested in international cuisines because of globalization. It's easier now to try foods from all over the world.

5. How do you think food and cooking bring people together?

- Food and cooking bring people together by creating a reason to gather and share experiences. It's a way to celebrate and enjoy each other's company.

## Lesson 5. My Dream Job

### 1. Part 1: Introduction and Interview

1. What is the name of your hometown?
2. Is your hometown big or small?
3. What do you like most about your hometown?
4. Can you describe a famous place in your hometown?
5. What kind of weather does your hometown usually have?
6. Are there many shops or restaurants in your hometown?
7. Would you recommend a visitor to go to your hometown? Why or why not?

### 2. Part 2: Long Turn (Cue Card)

Describe your dream job. - You should say: - What the job is - Why it is your dream job - What skills or qualifications you think are needed for this job
---

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion (Related to the Topic)

- Related Questions:
  1. How important do you think it is to have a dream job?
  2. Do you think most people work in jobs they love?
  3. How do you think education helps in achieving one's dream job?
  4. In the future, do you think more people will have the opportunity to work in their dream job?
  5. How do you think technology is changing the way people work and choose their careers?

### Model responses

1. What is the name of your hometown?  
- My hometown is Nakhchivan. It's an ancient city in Azerbaijan.
2. Is your hometown big or small?  
- Nakhchivan is not very big, but it's rich in history and culture. It's known for its unique architecture.
3. What do you like most about your hometown?

### Phrasal Verbs and New Words:

1. **Mausoleum:** A large and impressive tomb, especially one built as a monumental structure housing the remains of an important person.  
- The Mausoleum of Momine Khatun in Nakhchivan is a famous historical site.

- I love Nakhchivan's historical sites and the beautiful landscapes around it. The city has a unique charm with its blend of history and nature.

4. Can you describe a famous place in your hometown?

- One famous place in Nakhchivan is the Mausoleum of Momine Khatun. It's an impressive historical monument with beautiful architecture.

5. What kind of weather does your hometown usually have?

- Nakhchivan usually has a dry climate. Summers are hot, and winters can be quite cold.

6. Are there many shops or restaurants in your hometown?

- Yes, there are quite a few shops and restaurants. They offer both traditional Azerbaijani food and modern cuisine.

7. Would you recommend a visitor to go to your hometown? Why or why not?

- I would definitely recommend visiting Nakhchivan. It's a great place to learn about Azerbaijani history and culture, and the scenery is beautiful.

### Sample Response for Part 2 - Long Turn (Cue Card):

My dream job is to be a graphic designer. I've always been passionate about art and technology, and graphic design combines both. It's a job where I can use my creativity to make visuals like logos, websites, and ads.

I think this job is perfect for me because I love coming up with new ideas and bringing them to life on a screen. It's not just about making things look good; it's about communicating messages in a way that catches people's attention.

To be a graphic designer, I think you need to be creative and have good computer skills. It's important to keep up with the latest design trends and software. Also, having good communication skills helps when you need to explain your ideas to clients or work with a team.

I'm working on building these skills by taking design courses and practicing a lot. I hope one day I can turn this

2. **Scenery:** The natural features of a landscape considered in terms of their appearance, especially when picturesque.

- The scenery around Nakhchivan, with its mountains and valleys, is absolutely beautiful.

3. **Charm:** The quality of being pleasant or attractive.

Nakhchivan has its own unique charm, thanks to its rich history and culture.

### Phrasal Verbs and New Words:

1. **Come up with** : To think of an idea, plan, explanation, etc.

- As a graphic designer, I would need to come up with creative ideas for projects.

2. **Bring to life** : To make something become real or active.

- Graphic design lets me bring my ideas to life visually.

3. **Keep up with** : To stay at the same level as someone or something.

- It's important to keep up with the latest trends in design.

4. **Passionate:** Having very strong feelings or emotions about

dream into a reality and become a professional graphic designer.

something, especially about something you like or enjoy.

- I am passionate about art and creativity, which is why graphic design is my dream job.

### ***Part 3: Discussion***

1. How important do you think it is to have a dream job?

- Having a dream job is important because it gives you something to work towards. It can make you happy to do work you love.

2. Do you think most people work in jobs they love?

- I don't think most people work in jobs they love. It can be hard to find your dream job.

3. How do you think education helps in achieving one's dream job?

- Education teaches you the skills you need for your dream job. It also helps you learn about different jobs.

4. In the future, do you think more people will have the opportunity to work in their dream job?

- Yes, I think so. People have more choices now and can learn many things online for their dream job.

5. How do you think technology is changing the way people work and choose their careers?

- Technology makes new jobs and changes old ones. It also lets people learn new skills online for different careers.

## Lesson 6. Sports and Teamwork

### 1. Part 1: Introduction and Interview

1. Do you enjoy shopping?
2. What kind of shops do you usually visit?
3. How often do you go shopping?
4. What was the last thing you bought?
5. Do you prefer shopping alone or with others?
6. Is there a popular shopping area in your city?

### 2. Part 2: Long Turn (Cue Card)

Describe a popular sport in Azerbaijan and explain why it is important for teamwork.

- You should say:
  - What the sport is
  - Why it is popular
  - How it involves teamwork

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. What do you think are the benefits of playing team sports?
2. How can sports influence the development of children and teenagers?
3. Do you think international sports competitions affect the relationship between countries?  
How?
4. What role do you think technology plays in modern sports?
5. Can you think of any disadvantages to being a professional athlete?

## Model responses

### Introduction and Interview

1. Do you enjoy shopping?
  - Yes, I enjoy shopping, especially when I need something new or just want to look at the latest things in stores.
2. What kind of shops do you usually visit?
  - I usually visit clothing **stores** and bookshops. Sometimes, I also go to electronics stores if I need something for my computer.
3. How often do you go shopping?
  - I go shopping maybe once a month. I don't shop a lot, only when I really need something.

4. What was the last thing you bought?

- The last thing I bought was a new pair of shoes. I needed them for walking to school.

5. Do you prefer shopping alone or with others?

- I prefer shopping with my friends because it's more fun. We help each other choose things.

6. Is there a popular shopping area in your city?

- Yes, there's a big shopping mall in my city. It's popular because it has many different stores and a cinema.

**Sample Response for Part 2 - Long Turn (Cue Card):**

**New Words:**

One popular sport in Azerbaijan is football, also known as soccer in some countries. It's popular because it's exciting to watch and play, and many people here are passionate about it. Football matches are big events in Azerbaijan.

Football is important for teamwork because players have to work together to win. They pass the ball, plan strategies, and support each other on the field. Everyone has a role, and they must cooperate to score goals and defend their side.

In football, teamwork is key. It teaches players how to communicate, trust each other, and work towards a common goal. This is why many people, especially young kids, are encouraged to play football. It's not just about the sport; it's about learning to be part of a team.

1. **Passionate:** Having or showing strong feelings of enthusiasm for something or belief in something.

- People in Azerbaijan are passionate about football.

2. **Cooperate:** To work together with someone else for a common purpose.

- In football, players must cooperate to win the game.

3. **Strategies:** Plans that are intended to achieve a particular purpose.

- Football teams use different strategies to outplay their opponents.

**Part 3: Discussion**

1. What do you think are the benefits of playing team sports?

- Team sports are good for learning teamwork and cooperation. They also help you stay fit and make friends.

2. How can sports influence the development of children and teenagers?

- Sports teach children and teenagers discipline and how to work with others. They also build confidence and keep them healthy.

3. Do you think international sports competitions affect the relationship between countries? How?

- Yes, they bring countries together and create friendly competition. They can improve understanding and respect among different nations.

4. What role do you think technology plays in modern sports?

- Technology helps measure performance and improve training in sports. It also makes it easier for fans to watch games from anywhere.

5. Can you think of any disadvantages to being a professional athlete?

- Being a professional athlete is very demanding. It takes a lot of time and hard work, and there's a risk of injury.



## Lesson 7. Environmental Issues

### 1. Part 1: Introduction and Interview

1. What is your favorite holiday?
2. Where did you go on your last holiday?
3. Do you prefer relaxing or active holidays? Why?
4. What do you usually do during holidays?
5. Who do you like to spend your holidays with?
6. Is there a holiday destination you dream of visiting?
7. What is the most important thing for you on a holiday?

### 2. Part 2: Long Turn (Cue Card)

Talk about an environmental issue that you think is important.

- You should say:
  - What the issue is
  - Why you think it is important
  - What can be done to solve this issue

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How can young people become more involved in solving environmental issues?
2. Do you think environmental education should be a part of school curriculum? Why?
3. How do global environmental policies affect individual countries?
4. What role do you think technology plays in solving environmental problems?
5. Can you think of an example where a country successfully improved its environment?

## Model responses

### Part 1: Introduction and Interview

1. What is your favorite holiday?
  - My favorite holiday is New Year's Day. I love the excitement and the celebrations with my family.
2. Where did you go on your last holiday?
  - On my last holiday, I went to a small village in the mountains. It was very peaceful and beautiful.
3. Do you prefer relaxing or active holidays? Why?
  - I prefer relaxing holidays because it's a time to rest. I like to take a break from my busy life.
4. What do you usually do during holidays?

- During holidays, I usually spend time with my family and friends. We eat good food and sometimes go for walks.

5. Who do you like to spend your holidays with?

- I like to spend my holidays with my family. It's nice to be together and share special moments.

6. Is there a holiday destination you dream of visiting?

- I dream of visiting Paris one day. I've heard it's very romantic and beautiful.

7. What is the most important thing for you on a holiday?

- The most important thing for me on a holiday is to relax and have a good time. I like to forget about work and just enjoy.

**Sample Response for Part 2 - Long Turn (Cue Card):** *New Words and Phrasal Verbs:*

One important environmental issue is air pollution. It's a big problem in many cities, including mine. Air pollution comes from cars, factories, and sometimes from burning things. It makes the air dirty and can be bad for our health.

I think air pollution is important because it affects everyone's health, especially children and older people. It can cause problems like asthma and heart disease. We need clean air to stay healthy and live comfortably.

To solve this issue, we can use more public transport and fewer cars. Cities can also have more green spaces like parks, which help clean the air. Factories should be careful not to release too much pollution. Everyone can help by being more aware of the air they pollute.

1. **Air Pollution:** The contamination of the air by harmful substances including gases and smoke.

- Air pollution is a major problem in urban areas.

2. **Asthma:** A respiratory condition marked by spasms in the bronchi of the lungs, causing difficulty in breathing.

- Air pollution can lead to health issues like asthma.

3. **Public Transport:** Buses, trains, subways, and other forms of transportation that are available to the public.

- Using public transport more often can help reduce air pollution.

4. **Green Spaces:** Areas with grass, trees, or other vegetation set apart for recreational or aesthetic purposes in an otherwise urban environment.

- Cities should create more green spaces to improve air quality.

5. **Release:** To allow a substance to flow out from somewhere.

- Factories should control what they release into the air.

### ***Part 3: Discussion***

1. How can young people become more involved in solving environmental issues?
  - Young people can join groups that clean up parks and beaches. They can also learn and teach others about recycling and saving energy.
  
2. Do you think environmental education should be a part of school curriculum? Why?
  - Yes, it's important. If kids learn about the environment in school, they can grow up to make better choices for our planet.
  
3. How do global environmental policies affect individual countries?
  - Global policies can help countries work together to solve big problems like climate change. They set rules that all countries can follow.
  
4. What role do you think technology plays in solving environmental problems?
  - Technology can help a lot. We have new ways to make clean energy and machines that can clean up pollution.
  
5. Can you think of an example where a country successfully improved its environment?
  - One example is Denmark. They use a lot of wind power and are good at recycling. It helps their environment a lot.

## Lesson 8. Music and Concerts

### 1. Part 1: Introduction and Interview

1. What's your name?
2. Where are you from?
3. Do you study or work?
4. What kind of music do you enjoy listening to?
5. Have you ever learned to play a musical instrument?
6. Who is your favorite singer or band?
7. Have you ever been to a concert?
8. What was the best music performance you've ever seen?
9. Do you prefer live music or recorded music? Why?
10. Is there any type of music that you don't like? Why?

### 2. Part 2: Long Turn (Cue Card)

Describe a memorable concert or music event you have attended.

- You should say:
  - What the event was
  - Where and when it took place
  - What you liked or disliked about it

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think music is important in our lives?
2. How can music bring people together?
3. Do you think music taste changes as people get older? Why or why not?
4. How has technology changed the way we experience music?
5. Do you think music from your country is popular internationally? Why or why not?

## Model responses

### Part 1: Introduction and Interview

1. What's your name?
  - My name is Samira.
2. Where are you from?
  - I'm from Baku, Azerbaijan.
3. Do you study or work?
  - I'm currently studying. I'm a university student.
4. What kind of music do you enjoy listening to?

- I enjoy listening to pop music. It's upbeat and always puts me in a good mood.
5. Have you ever learned to play a musical instrument?
    - Yes, I learned to play the piano when I was younger. I still play sometimes.
  6. Who is your favorite singer or band?
    - My favorite band is Imagine Dragons. I love their songs.
  7. Have you ever been to a concert?
    - Yes, I've been to a few concerts. They were really fun.
  8. What was the best music performance you've ever seen?
    - The best performance I've seen was by Imagine Dragons. They were amazing live.
  9. Do you prefer live music or recorded music? Why?
    - I prefer live music because it's exciting and the atmosphere is great at concerts.
  10. Is there any type of music that you don't like? Why?
    - I don't really like heavy metal music. It's too loud for me.

**Sample Response for Part 2 - Long Turn (Cue Card):** *Phrasal Verbs and New Words:*

Last year, I attended a concert by Imagine Dragons, my favorite band. It was held at the Crystal Hall in Baku. The concert took place on a warm summer evening, making it a perfect setting for an outdoor music event.

The atmosphere at the concert was electric. People of all ages had come together to enjoy the music. Imagine Dragons played all their hit songs, and the crowd sang along. The highlight for me was when they performed 'Radioactive' – the energy was incredible.

What I really liked about the concert was how the music brought everyone together. It didn't matter where you were from; we were all there to share the experience. The only thing I disliked was that it ended too soon. I wished it could have gone on longer.

Attending this concert was an unforgettable experience. It was not just about the music but also about feeling connected with others through the songs.

1. **Held** : Took place or was organized.
  - The concert was held at the Crystal Hall.
2. **Sang along** : Joined in singing.
  - The crowd sang along to all the songs.
3. **Unforgettable**: Impossible to forget; very memorable.
  - The concert was an unforgettable experience.
4. **Electric**: Exciting and full of energy.
  - The atmosphere at the concert was electric.
5. **Highlight**: The best or most exciting, entertaining, or interesting part of something.
  - The highlight of the concert was when they played 'Radioactive.'

### ***Part 3: Discussion***

1. Why do you think music is important in our lives?

- Music is important because it can make us feel happy or calm. It's a way to express feelings and can remind us of special times.

2. How can music bring people together?

- Music brings people together at concerts or festivals. When people enjoy the same songs, they feel connected, even if they are different.

3. Do you think music taste changes as people get older? Why or why not?

- Yes, I think music taste can change as we get older. Our experiences and interests change, so the music we like might change too.

4. How has technology changed the way we experience music?

- Technology makes it easier to listen to music anytime. We can download songs, stream music online, and even watch concerts on our phones.

5. Do you think music from your country is popular internationally? Why or why not?

- Some music from Azerbaijan is known internationally, like traditional Mugham. But it's not as popular as music from some other countries. We have unique sounds that might be new to people in other places.

## Lesson 9. Health and Fitness Trends

### 1. Part 1: Introduction and Interview

1. What time do you usually wake up?
2. What is your morning routine?
3. How do you usually spend your evenings?
4. Do you have a special routine on weekends?
5. What is your favorite part of the day? Why?
6. Have your daily routines changed recently?

### 2. Part 2: Long Turn (Cue Card)

Describe a popular health or fitness activity in your country.

- You should say:
- What the activity is
- Why it is popular
- How it contributes to health and fitness

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think some people find it hard to maintain a healthy lifestyle?
2. How can schools or communities encourage healthy living?
3. Do you think health and fitness trends change often? Why?
4. How important is mental health in overall well-being?
5. In the future, how do you think technology will affect health and fitness?

## Model responses

### Part 1: Introduction and Interview

1. What time do you usually wake up?  
- I usually wake up at 7 in the morning. That gives me enough time to get ready for my day.
2. What is your morning routine?  
- In the morning, I brush my teeth, have breakfast, and then get dressed. Sometimes, I go for a short walk before starting work or school.
3. How do you usually spend your evenings?  
- In the evenings, I usually relax at home. I watch TV or read a book, and sometimes I meet friends for dinner.
4. Do you have a special routine on weekends?

- On weekends, I like to sleep a little longer. Then I usually spend time with my family or go out to see something new in the city.

5. What is your favorite part of the day? Why?

- My favorite part of the day is the evening because I can relax and do things I enjoy after a busy day.

6. Have your daily routines changed recently?

- Yes, they have changed a bit. I started a new job, so now I wake up earlier and have less free time in the evening.

**Sample Response for Part 2 - Long Turn (Cue Card):** *New Words and Phrasal Verbs:*

In Azerbaijan, one popular fitness activity is hiking, especially in the mountains. Azerbaijan has beautiful mountain ranges, and many people enjoy exploring them. Hiking is popular because it lets people connect with nature and it's a good escape from busy city life.

Hiking is great for health and fitness because it's a form of exercise that works the whole body. It improves our stamina and strengthens our muscles. Walking up and down hills is particularly good for the heart and lungs. Plus, being outdoors is refreshing and can boost mental health too.

What I like about hiking is that it's a chance to get fresh air and see amazing views. It's not just about getting fit; it's about enjoying the outdoors and feeling good. Many people in Azerbaijan hike as a way to stay healthy and relax.

1. **Hiking:** The activity of going for long walks in the countryside.

- Hiking in the mountains is a popular fitness activity in Azerbaijan.

2. **Stamina:** The physical or mental strength to do something for a long time without getting tired.

- Hiking improves stamina and overall fitness.

3. **Refresh:** To give new strength or energy to; reinvigorate.

- Being outdoors while hiking is refreshing and good for mental health.

4. **Get fit :** To become physically healthy and strong.

- Many people hike to get fit and improve their health.

**Part 3: Discussion**

1. Why do you think some people find it hard to maintain a healthy lifestyle?

- Some people find it hard because they are busy with work or school. Also, healthy food can be expensive, and some people don't know much about fitness.

2. How can schools or communities encourage healthy living?

- Schools can teach kids about healthy eating and exercise. Communities can have parks or sports centers where people can be active.



3. Do you think health and fitness trends change often? Why?

- Yes, they change because new research comes out and people like to try new things. Also, what's popular on social media can influence trends.

4. How important is mental health in overall well-being?

- Mental health is very important. It affects how we feel and act every day. Being mentally healthy is as important as being physically fit.

5. In the future, how do you think technology will affect health and fitness?

- Technology will make it easier to track fitness and health. Apps and devices can help people understand their bodies better and find new ways to exercise.

## Lesson 10. Technology in Everyday Life

### 1. Part 1: Introduction and Interview

1. What kind of technology do you use every day?
2. How often do you use a computer or smartphone?
3. What do you usually use the internet for?
4. Do you think technology makes life easier? Why or why not?
5. What is your favorite app on your phone? Why?
6. Have you ever had to live without your phone or computer? What was it like?
7. Do you think children should use technology? Why or why not?

### 2. Part 2: Long Turn (Cue Card)

Talk about a piece of technology you often use and how it impacts your life.

- You should say:
  - What the technology is
  - How you use it in your daily life
  - What impact it has on your life

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Do you think technology has changed the way people socialize?
2. How has technology impacted education in recent years?
3. What do you think are the negative effects of technology on society?
4. How do you think technology will advance in the next ten years?
5. Can technology help solve some of the world's major problems? How?

## Model responses

### Part 1: Introduction and Interview

1. What kind of technology do you use every day?
  - Every day, I use my smartphone and my laptop. I use my phone for calls and messages and my laptop mostly for work and studying.
2. How often do you use a computer or smartphone?
  - I use my smartphone many times a day and my computer mainly in the evenings for a couple of hours to do my work or watch something.
3. What do you usually use the internet for?
  - I use the internet for many things like searching for information, watching videos, and staying in touch with friends and family on social media.

4. Do you think technology makes life easier? Why or why not?  
 - Yes, I think technology makes life easier. It helps us do things faster, like communicating with others or finding information.
5. What is your favorite app on your phone? Why?  
 - My favorite app is WhatsApp because it's easy to chat and share photos and videos with my friends and family.
6. Have you ever had to live without your phone or computer? What was it like?  
 - Once, I had to go a weekend without my phone. It was strange at first, but then I found it quite relaxing not to always check messages.
7. Do you think children should use technology? Why or why not?  
 - Yes, but in moderation. Technology can be good for learning, but it's important for children to also play and do things offline.

**Sample Response for Part 2 - Long Turn (Cue Card):** *New Words and Phrasal Verbs:*

One piece of technology I often use is my smartphone. It's a big part of my daily life. I use it for many things like calling and texting my friends and family, checking emails, and using social media. I also use it to listen to music and take photos.

My smartphone helps me stay organized. I use it to set reminders for important things like appointments or deadlines. It's like having a small computer in my pocket. I can look up information quickly whenever I need to.

The impact of my smartphone on my life is huge. It makes staying in touch with people very easy, and I feel more connected to the world. However, sometimes I think I use it too much. It can be distracting, so I try to limit my screen time, especially before bed.

1. **Organized:** Arranged or planned in a systematic way.  
 - My smartphone helps me stay organized with my schedule.
2. **Connected:** Having a relationship with other people or things.  
 - My smartphone keeps me connected with friends and family.
3. **Look up :** To search for information in a book or online.  
 - I use my smartphone to quickly look up information.
4. **Set reminders:** To create a prompt or alert to remember to do something.  
 - I use my phone to set reminders for appointments.
5. **Screen time:** The amount of time spent looking at the display screen of a computer, phone, or other electronic device.  
 - I try to limit my screen time to avoid distractions.

### ***Part 3: Discussion***

1. Do you think technology has changed the way people socialize?

- Yes, technology has changed socializing. Now, people often talk through messages or social media instead of meeting in person. It's easier, but sometimes less personal.

2. How has technology impacted education in recent years?

- Technology has made a big difference in education. Students can learn online and access lots of information easily. It makes learning more flexible and available to everyone.

3. What do you think are the negative effects of technology on society?

- One negative effect is that people spend too much time on screens. It can make us less active and sometimes less social in real life. Also, too much information can be overwhelming.

4. How do you think technology will advance in the next ten years?

- I think technology will get even more advanced. We might see more things like smart homes and self-driving cars. Technology will become even more a part of daily life.

5. Can technology help solve some of the world's major problems? How?

- Yes, technology can help solve big problems. For example, it can help in medical research to find cures for diseases. Technology can also help in fighting climate change by improving clean energy.

## Lesson 11. Learning Languages

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where do you currently live?
3. Are you studying or working right now?
4. What languages do you speak?
5. Why did you decide to learn English?
6. What do you find most challenging about learning English?
7. Have you tried learning any other languages? How was that experience?
8. How do you practice your language skills?
9. Do you think learning languages is important? Why?
10. What is your favorite way to learn a new language?

### 2. Part 2: Long Turn (Cue Card)

Describe your experience of learning a language other than your mother tongue.

- You should say:
  - What the language is
  - How and why you started learning it
  - What difficulties you have faced while learning it

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How can learning a new language benefit a person?
2. Do you think technology has made learning languages easier?
3. How do cultural differences impact language learning?
4. In your opinion, what is the best age to start learning a second language?
5. How do you think language learning will evolve in the future?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?  
- My name is Nuray Aliyeva.
2. Where do you currently live?  
- I live in Baku, the capital city of Azerbaijan.
3. Are you studying or working right now?  
- I am currently studying at university. I'm a student.

4. What languages do you speak?

- I speak Azerbaijani, Turkish, and a little bit of English.

5. Why did you decide to learn English?

- I decided to learn English because it's an international language and it's important for my studies and future career.

6. What do you find most challenging about learning English?

- The most challenging part is speaking and understanding native speakers. They sometimes talk very fast.

7. Have you tried learning any other languages? How was that experience?

- I tried learning Russian. It was interesting, but a bit difficult because of the different alphabet and sounds.

8. How do you practice your language skills?

- I practice by watching movies in English and speaking with friends who are also learning English.

9. Do you think learning languages is important? Why?

- Yes, learning languages is important. It helps to communicate with more people and understand other cultures.

10. What is your favorite way to learn a new language?

- My favorite way to learn is by talking with native speakers and using language learning apps.

***Sample Response for Part 2 - Long Turn (Cue Card):***

The language I have been learning other than my mother tongue is English. I started learning it in school because it's a global language, and I knew it would be important for my future. Also, I wanted to be able to understand movies and music in English.

I began by learning basic words and grammar in school. Then, I started watching English TV shows and trying to read simple books in English. I also use a language learning app on my phone to practice.

The biggest difficulty I've faced is understanding native English speakers. They often speak very fast, and they use a lot of slang and idioms that I didn't

***New Words and Phrasal Verbs:***

1. **Global:** Relating to the whole world; worldwide.

- English is considered a global language, which is why I chose to learn it.

2. **Idioms:** Phrases whose meanings are not predictable from the usual meanings of their constituent elements.

- Understanding idioms in English can be quite challenging.

3. **Slang:** Informal language consisting of words and expressions that are not considered appropriate for formal occasions.

learn in school. Sometimes, I also find it hard to speak without feeling shy or worried about making mistakes. But, I'm getting better by practicing regularly.

- Native speakers often use slang, which is hard to understand sometimes.

### ***Part 3: Discussion***

1. How can learning a new language benefit a person?
  - Learning a new language can help you communicate with more people. It's also good for your brain and can open up more job opportunities.
  
2. Do you think technology has made learning languages easier?
  - Yes, I think so. With apps and online courses, you can learn anytime. It's more convenient and sometimes more fun with games and videos.
  
3. How do cultural differences impact language learning?
  - Cultural differences can make language learning interesting but sometimes hard. Understanding the culture helps in understanding how and why certain things are said in a language.
  
4. In your opinion, what is the best age to start learning a second language?
  - I think starting as a child is best, maybe around six or seven years old. Children can learn languages more easily at this age.
  
5. How do you think language learning will evolve in the future?
  - In the future, maybe we'll have more advanced technology like virtual reality to practice speaking. Language learning might become more interactive and personalized.

## Lesson 12. Public Speaking and Confidence

### 1. Part 1: Introduction and Interview

1. Do you enjoy speaking in front of people? Why or why not?
2. Have you ever had to give a speech or presentation? How did it go?
3. What do you think makes someone a good speaker?
4. Do you get nervous before speaking publicly? How do you handle it?
5. Who do you admire for their public speaking skills?
6. Do you think public speaking is an important skill? Why?
7. What topics would you feel comfortable speaking about in public?

### 2. Part 2: Long Turn (Cue Card)

Talk about a time when you had to speak in front of an audience.

- You should say:
  - What the occasion was
  - What you talked about
  - How you felt before, during, and after the speech

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think some people are afraid of public speaking?
2. How can schools help students improve their public speaking skills?
3. Do you think public speaking skills are more important now than in the past?
4. How can technology be used to enhance public speaking skills?
5. What role do you think confidence plays in successful public speaking?

## Model responses

### Part 1: Introduction and Interview

1. Do you enjoy speaking in front of people? Why or why not?
  - Not really, I get a bit nervous. Speaking in front of many people can be scary because I'm worried about making mistakes.
2. Have you ever had to give a speech or presentation? How did it go?
  - Yes, I had to give a presentation in school. It was okay, but I was very nervous. I think I did well, though.
3. What do you think makes someone a good speaker?
  - A good speaker is clear and confident. They know a lot about their topic and can make it interesting for people listening.



4. Do you get nervous before speaking publicly? How do you handle it?  
 - Yes, I get nervous. I try to prepare a lot and practice my speech many times. That helps me feel more confident.
5. Who do you admire for their public speaking skills?  
 - I admire our teacher. She always speaks so clearly and makes even difficult topics easy to understand.
6. Do you think public speaking is an important skill? Why?  
 - Yes, it's important. Being able to speak in public can help in school, work, and many other situations.
7. What topics would you feel comfortable speaking about in public?  
 - I would feel comfortable talking about things I know well, like my hobbies or something I studied in school.

**Sample Response for Part 2 - Long Turn (Cue Card):**

There was a time when I had to speak in front of an audience during our school's science fair. I was presenting a project about renewable energy sources. My project was about how solar energy can be used in our homes.

Before the speech, I felt really nervous. I was worried that I might forget what to say or that people wouldn't find it interesting. To prepare, I practiced a lot and made some notes to help me remember my points.

When I started talking, I was still a bit nervous, but as I continued, I began to feel more confident. I explained how solar panels work and why using solar energy is good for the environment. The audience seemed interested, and some people even asked questions afterward.

After the speech, I felt relieved and proud of myself. I was glad that I had managed to share something important and that people understood and appreciated it. It was a challenging experience, but it helped me grow and become more confident in public speaking.

**New Words and Phrasal Verbs:**

**1. Renewable energy:** Energy from a source that is not depleted when used, such as wind or solar power.

- My project was about renewable energy, specifically solar energy.

**2. Confident:** Feeling sure about your abilities or about the success of something.

- As I continued my speech, I started to feel more confident.

**3. Relieved:** Feeling happy because something unpleasant has stopped or has not happened.

- After the speech, I felt relieved and happy with how it went.

**4. Appreciated:** Recognized the full worth of something.

- I felt proud that my speech was understood and appreciated by the audience.

### ***Part 3: Discussion***

1. Why do you think some people are afraid of public speaking?
  - People are afraid of making mistakes or being judged by others. It's scary to have everyone looking at you and listening to what you say.
  
2. How can schools help students improve their public speaking skills?
  - Schools can have classes on public speaking. They can also give students chances to speak in front of the class and provide helpful feedback.
  
3. Do you think public speaking skills are more important now than in the past?
  - Yes, I think so. Today, we have more presentations and meetings, especially at work. Being able to speak well can help a lot.
  
4. How can technology be used to enhance public speaking skills?
  - Technology like videos can help. We can record our speeches and watch to see how we can improve. There are also apps to practice speaking.
  
5. What role do you think confidence plays in successful public speaking?
  - Confidence is very important. If you are confident, you feel less nervous and can speak more clearly. People also listen more when you speak confidently.

## Lesson 13. Historical Figures of Azerbaijan

### 1. Part 1: Introduction and Interview

1. Are there any historical buildings in your city or town?
2. Have you ever visited a historical building? Which one?
3. What did you like about this historical building?
4. Why do you think historical buildings are important?
5. What is the oldest building you know in your country?
6. Do people in your country like to visit historical buildings? Why or why not?
7. Should we protect historical buildings? Why do you think so?

### 2. Part 2: Long Turn (Cue Card)

Describe an influential historical figure from Azerbaijan.

- You should say:
- Who they are
- What they are known for
- Why you think they are important in Azerbaijani history

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How do historical figures inspire people today?
2. Why is it important to learn about historical figures in schools?
3. How can historical figures influence a country's identity?
4. Do you think the way we view historical figures changes over time? Why?
5. How do you think technology is changing the way we learn about history?

## Model responses

### Part 1: Introduction and Interview

1. Are there any historical buildings in your city or town?
  - Yes, in Baku, there are many historical buildings. The Old City, called Icherisheher, has ancient walls and buildings that are very old and famous.
2. Have you ever visited a historical building? Which one?
  - I have visited the Palace of the Shirvanshahs in Baku. It's a very old and beautiful palace in the Old City.
3. What did you like about this historical building?

- I liked how old and well-preserved it is. The architecture is amazing, and it feels like stepping back in time.

4. Why do you think historical buildings are important?

- Historical buildings are important because they show us our past. They help us remember our history and culture.

5. What is the oldest building you know in your country?

- The oldest building I know is the Maiden Tower in Baku. It's very old and has a lot of legends and stories about it.

6. Do people in your country like to visit historical buildings? Why or why not?

- Yes, people like to visit them, especially tourists. These buildings are beautiful and interesting because they tell us about our history.

7. Should we protect historical buildings? Why do you think so?

- We should protect them because they are a part of our heritage. If we lose them, we lose a part of our history and culture.

***Sample Response for Part 2 - Long Turn (Cue Card):***

One influential historical figure from Azerbaijan is Heydar Aliyev. He was a prominent leader and served as the President of Azerbaijan. Before becoming president, he held various key positions in the government during the Soviet era.

Heydar Aliyev is known for his role in the development and modernization of Azerbaijan. During his presidency, he worked on improving the economy and made significant efforts to strengthen the country's independence. He also played a major role in establishing Azerbaijan's oil strategy, which had a big impact on the country's economic growth.

I think Heydar Aliyev is important in Azerbaijani history because of his leadership during a critical time in our country's development. His policies helped shape modern Azerbaijan, and he is remembered for his contributions to the nation's stability and prosperity. His influence can still be felt in Azerbaijan's politics and economy today.

***New Words and Phrasal Verbs:***

1. ***Prominent***: Important; famous.

- Heydar Aliyev was a prominent leader in Azerbaijan.

2. ***Modernization***: The process of adapting something to modern needs or habits.

- He contributed to the modernization of Azerbaijan.

3. ***Economy***: The wealth and resources of a country or region, especially in terms of the production and consumption of goods and services.

- His work improved Azerbaijan's economy significantly.

4. ***Strengthen***: Make or become stronger.

- He worked to strengthen Azerbaijan's independence.

5. ***Leadership***: The action of leading a group of people or an organization.

- His leadership was crucial during an important time in Azerbaijan's history.

### ***Part 3: Discussion***

1. How do historical figures inspire people today?
  - Historical figures inspire people by showing what can be achieved. Their stories of success or bravery motivate us to do better and face challenges.
  
2. Why is it important to learn about historical figures in schools?
  - Learning about them in school helps us understand our past. It teaches us important lessons and helps us appreciate our heritage.
  
3. How can historical figures influence a country's identity?
  - Historical figures shape a country's identity by representing its values and achievements. They become symbols of a nation's character and history.
  
4. Do you think the way we view historical figures changes over time? Why?
  - Yes, our view can change as we learn more about them and as society changes. What we value or understand about them can be different from the past.
  
5. How do you think technology is changing the way we learn about history?
  - Technology makes learning about history more interactive and accessible. We can see historical documents online and even take virtual tours of historical sites.

## Lesson 14. Holidays Abroad

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where do you live?
3. Are you studying or working at the moment?
4. Have you ever traveled outside of Azerbaijan?
5. What country would you like to visit and why?
6. What do you like to do when you're on holiday?
7. Do you prefer relaxing holidays or active ones?
8. What's the most important thing for you when choosing a holiday destination?
9. Do you enjoy learning about different cultures when you travel?
10. What's the longest trip you have ever been on?

### 2. Part 2: Long Turn (Cue Card)

Describe your ideal holiday destination outside of Azerbaijan.

- You should say:
- Where it is
- What you would do there
- Who you would like to go with

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think people like to travel to new places?
2. How do holidays abroad differ from holidays in your own country?
3. Do you think traveling can change a person's perspective? How?
4. How has tourism impacted global understanding and awareness?
5. In the future, how do you think travel and holidays might change?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?  
- Yes, my name is Ugur.
2. Where do you live?  
- I live in Ganja, Azerbaijan. It's a beautiful city with a lot of history.
3. Are you studying or working at the moment?  
- I am currently studying. I'm a university student in Baku.

4. Have you ever traveled outside of Azerbaijan?  
- No, I haven't traveled outside of Azerbaijan yet, but I would like to in the future.
5. What country would you like to visit and why?  
- I would like to visit Turkey because of its rich history and culture. Plus, the food is supposed to be amazing.
6. What do you like to do when you're on holiday?  
- When I'm on holiday, I like exploring new places, trying local food, and taking lots of photos.
7. Do you prefer relaxing holidays or active ones?  
- I prefer active holidays where I can see and do lots of things. I like being busy and exploring new places.
8. What's the most important thing for you when choosing a holiday destination?  
- The most important thing is the culture and history of the place. I love to learn new things when I travel.
9. Do you enjoy learning about different cultures when you travel?  
- Yes, I really enjoy learning about different cultures. It's interesting to see how people live in other parts of the world.
10. What's the longest trip you have ever been on?  
- The longest trip I've been on was a week-long journey to the countryside of Azerbaijan with my family. We visited several towns and saw lots of beautiful landscapes.

**Sample Response for Part 2 - Long Turn (Cue Card):** *New Words and Phrasal Verbs:*

My ideal holiday destination outside of Azerbaijan is Italy. It's a beautiful country in Southern Europe, known for its rich history, art, and delicious food. I've always dreamed of visiting Italy, especially cities like Rome, Venice, and Florence.

In Italy, I would spend my time exploring historical sites like the Colosseum in Rome and the canals of Venice. I'm really interested in history and art, so I'd also visit museums and art galleries. And, of course, I'd try lots of Italian food like pizza, pasta, and gelato. They say it's amazing there.

1. ***Dreamed of***: Wished or hoped strongly for something, especially something that is difficult to achieve or far away in time.

- I've always dreamed of visiting Italy because of its beauty and history.

2. ***Soaking up***: To absorb or take in something from the surroundings or environment.

- We'd enjoy soaking up the culture and atmosphere of Italy.

3. ***Gelato***: Italian-style ice cream.

- I would definitely try some authentic Italian gelato.

I'd like to go with my best friend. We both love exploring new places and trying new foods. We'd have a great time taking photos, wandering around the cities, and just soaking up the Italian culture.

4. **Colosseum:** An ancient Roman amphitheater, famous for its historical significance.

- Visiting the Colosseum in Rome would be a highlight of the trip.

### ***Part 3: Discussion***

1. Why do you think people like to travel to new places?

- People like to travel to see different things and learn about other cultures. It's exciting to explore new places and have new experiences.

2. How do holidays abroad differ from holidays in your own country?

- Holidays abroad are different because you experience different cultures and languages. In your own country, things are more familiar, like the food and traditions.

3. Do you think traveling can change a person's perspective? How?

- Yes, traveling can change how you see the world. Meeting different people and seeing how they live can make you more open-minded and understanding.

4. How has tourism impacted global understanding and awareness?

- Tourism helps people learn about other countries and cultures. This can lead to better global understanding and more respect for different ways of life.

5. In the future, how do you think travel and holidays might change?

- In the future, travel might involve more technology, like virtual reality tours. Maybe there will be more eco-friendly ways to travel to protect the environment.



## Lesson 15. World Cuisines

### 1. Part 1: Introduction and Interview

1. How many close friends do you have?
2. How often do you meet with your friends?
3. What do you usually do together with your friends?
4. How did you meet your best friend?
5. What do you think makes someone a good friend?
6. Do you prefer to have a few close friends or many acquaintances? Why?
7. Have you made any new friends recently? How?

### 2. Part 2: Long Turn (Cue Card)

Describe a type of international cuisine you enjoy.

- You should say:
  - What the cuisine is and what country it is from
  - What specific dishes you like from this cuisine
  - Why this particular cuisine appeals to you

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think food is an important part of culture?
2. How do you think travel influences a person's food preferences?
3. Do you think the popularity of international cuisines is beneficial for cultural understanding?
4. How has globalization affected traditional cuisines and eating habits?
5. What do you think the future holds for the world of cuisine?

## Model responses

### Part 1: Introduction and Interview

1. How many close friends do you have?
  - I have three close friends. We've known each other for a long time and understand each other really well.
2. How often do you meet with your friends?
  - We try to meet once a week, usually on weekends. Sometimes we meet more often if we have plans or special events.
3. What do you usually do together with your friends?
  - We usually go out to eat or watch movies together. Sometimes we just hang out at someone's house and talk.

4. How did you meet your best friend?

- I met my best friend at school. We were in the same class and started talking one day, and we've been friends ever since.

5. What do you think makes someone a good friend?

- A good friend is someone who is trustworthy and supportive. They are there for you in good times and bad.

6. Do you prefer to have a few close friends or many acquaintances? Why?

- I prefer to have a few close friends. It's easier to be myself around them, and I know they really care about me.

7. Have you made any new friends recently? How?

- Yes, I made a new friend in a language class I'm taking. We started talking about the class, and we found out we have a lot in common.

***Sample Response for Part 2 - Long Turn (Cue Card):***

One type of international cuisine I really enjoy is Italian food. It's from Italy, and it's famous all around the world. Italian cuisine is known for its delicious flavors, use of fresh ingredients, and a variety of dishes.

My favorite Italian dishes are pizza and pasta. I love Margherita pizza with its simple yet tasty toppings of tomato, mozzarella cheese, and basil. For pasta, I really like spaghetti carbonara, which has a creamy sauce and bacon. These dishes are both comforting and satisfying.

What appeals to me about Italian cuisine is how simple ingredients can create such flavorful dishes. It's also quite versatile; there's something for everyone. Whether it's a simple pasta dish or a fancy risotto, Italian food always feels special. It's a cuisine that brings people together and is perfect for sharing, which is another reason I like it so much.

***New Words and Phrasal Verbs:***

**1. Cuisine:** A style or method of cooking, especially as characteristic of a particular country or region.

- Italian cuisine is my favorite because of its diverse and flavorful dishes.

**2. Versatile:** Able to adapt or be adapted to many different functions or activities.

- Italian food is versatile; you can have simple meals or more complex ones.

**3. Comforting:** Providing comfort; making one feel less sad or worried.

- Dishes like pizza and pasta are comforting and enjoyable to eat.

**4. Satisfying:** Giving fulfillment or the pleasure associated with this.

- Eating a good plate of spaghetti carbonara is really satisfying.

### ***Part 3: Discussion***

1. Why do you think food is an important part of culture?
  - Food is a big part of culture because it's connected to traditions and history. It's a way people can share their heritage and celebrate special occasions.
  
2. How do you think travel influences a person's food preferences?
  - Travel lets people try new foods they can't find at home. It can make them like different tastes and maybe even change what they eat regularly.
  
3. Do you think the popularity of international cuisines is beneficial for cultural understanding?
  - Yes, trying food from different countries can help people learn about and appreciate other cultures. It's a delicious way to understand more about the world.
  
4. How has globalization affected traditional cuisines and eating habits?
  - Globalization means more people are eating international foods. But sometimes, traditional foods become less popular, which can change eating habits.
  
5. What do you think the future holds for the world of cuisine?
  - In the future, there might be more fusion foods, mixing different cuisines. Also, with more focus on health, we might see more healthy options.

## Lesson 16. Education Systems Around the World

### 1. Part 1: Introduction and Interview

1. Could you tell me your full name, please?
2. Where are you from?
3. Are you a student, or do you work?
4. What kind of school did you attend?
5. What is your favorite subject and why?
6. How do you think the education system in Azerbaijan differs from other countries?
7. Do you think school uniforms are a good idea?
8. What's the most important thing you've learned in school?
9. Do you prefer exams or continuous assessment? Why?
10. What changes would you like to see in the education system?

### 2. Part 2: Long Turn (Cue Card)

Talk about an education system from another country that you find interesting.

- You should say:
  - What country's education system it is
  - What makes it interesting or unique
  - How it compares to the education system in your country

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How can different education systems impact a student's future?
2. Why is it important to have a good education system in a country?
3. How do cultural differences affect educational approaches?
4. What role does technology play in modern education?
5. Do you think there will be significant changes in how we educate in the future?

## Model responses

### Part 1: Introduction and Interview

1. Could you tell me your full name, please?
  - My full name is Aytaj Aliyeva.
2. Where are you from?
  - I'm from Nakhchivan, Azerbaijan.
3. Are you a student, or do you work?

- I'm a student. I'm studying English Language Teaching at Nakhchivan State University.

4. What kind of school did you attend?

- I attended a public school in Nakhchivan. It had a strong focus on languages and science.

5. What is your favorite subject and why?

- My favorite subject is English. I love learning new languages, and English is particularly interesting to me because it's spoken worldwide.

6. How do you think the education system in Azerbaijan differs from other countries?

- In Azerbaijan, there's a lot of emphasis on memorization and exams. I think in some other countries, there's more focus on practical skills and critical thinking.

7. Do you think school uniforms are a good idea?

- Yes, I think they're good because they create a sense of unity and equality among students. It also saves time in deciding what to wear every day.

8. What's the most important thing you've learned in school?

- The most important thing I've learned is the value of hard work and persistence. School has taught me that effort is key to success.

9. Do you prefer exams or continuous assessment? Why?

- I prefer continuous assessment. It's less stressful than exams and gives a better picture of a student's abilities over time.

10. What changes would you like to see in the education system?

- I would like to see more focus on practical skills and creative thinking. Also, it would be great to have more interactive and technology-based learning.

**Sample Response for Part 2 - Long Turn (Cue Card):**

I find the education system in Finland very interesting. Finland's education system is often praised for its high quality and innovative approach. One of the most unique aspects is that children start school at the age of seven, which is later than in many other countries. This is based on the belief that early childhood should be dedicated to more informal learning and play.

Another interesting thing about Finland's education system is that there's less focus on standardized testing. Instead, they emphasize on individualized learning and encourage creativity and critical

**New Words and Phrasal Verbs:**

1. **Innovative:** Featuring new methods; advanced and original.

- Finland's education system is innovative, especially in its teaching methods.

2. **Standardized testing:** Tests that are designed in such a way that the questions, conditions for administering, scoring procedures, and interpretations are consistent.

- In Finland, there's less focus on standardized testing.

thinking in students. Teachers in Finland are highly qualified and have a lot of freedom to choose their teaching methods.

Comparing it to Azerbaijan's education system, there are some big differences. In Azerbaijan, we start school at a younger age and have a stronger emphasis on exams and rote learning. The Finnish system seems to be more relaxed but effective, focusing on the overall development of the child rather than just academic achievement.

I think Finland's approach to education is fascinating because it creates a less stressful environment for students and supports diverse learning styles. It's something that could potentially inspire changes in educational systems in other countries, including Azerbaijan.

### ***Part 3: Discussion***

1. How can different education systems impact a student's future?

- Different systems can shape how a student thinks and learns. A system focused on problem-solving and creativity might prepare students better for different kinds of jobs and life challenges.

2. Why is it important to have a good education system in a country?

- A good education system is important because it prepares young people for the future. It helps them become smart, responsible citizens who can contribute to the country's development.

3. How do cultural differences affect educational approaches?

- Culture influences what people think is important to learn. For example, some cultures might focus more on history and others on science. It also affects teaching styles, like how teachers and students interact.

4. What role does technology play in modern education?

- Technology is a big part of education now. It makes learning more interactive and accessible. Students can find information easily online and use educational software to help with their studies.

5. Do you think there will be significant changes in how we educate in the future?

- Yes, I think education will keep changing, especially with new technology. We might see more online learning and personalized education programs in the future.

3. ***Individualized learning***: A method of teaching that tailors specific learning experiences to different students' needs and learning styles.

- The Finnish system emphasizes individualized learning.

4. ***Rote learning***: Memorization technique based on repetition.

- In Azerbaijan, there's a stronger emphasis on exams and rote learning.

## Lesson 17. Fashion and Personal Style

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where are you from?
3. Are you a student or do you work?
4. What type of clothes do you like to wear?
5. Do you have a favorite color for clothes?
6. How often do you buy new clothes?
7. Do you follow fashion trends? Why or why not?
8. Have you ever made your own clothes or accessories?
9. Who is your favorite fashion designer or brand?
10. Do you think the way people dress is important?

### 2. Part 2: Long Turn (Cue Card)

Describe your personal style and what it says about you.

- You should say:
  - What kind of clothes and accessories you usually wear
  - If there are any special reasons you choose this style
  - How your style has evolved over time

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think people have different fashion tastes?
2. How do fashion trends affect society?
3. Do you think fashion is more important today than in the past?
4. How has social media influenced personal style and fashion trends?
5. Can fashion be a form of self-expression? How?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?
  - Yes, my name is Salayeva Leman.
2. Where are you from?
  - I'm from Nakhchivan in Azerbaijan. It's a beautiful place with a lot of history.
3. Are you a student or do you work?
  - I'm a student. I study English Language Teaching at the university.

4. What type of clothes do you like to wear?

- I like wearing comfortable and casual clothes. I prefer outfits that are both practical and stylish.

5. Do you have a favorite color for clothes?

- My favorite color for clothes is blue. It's a versatile color that goes well with almost everything.

6. How often do you buy new clothes?

- I buy new clothes a few times a year, usually when the seasons change or when I need something specific.

7. Do you follow fashion trends? Why or why not?

- Not really. I prefer to wear what I like and what feels comfortable rather than following the latest trends.

8. Have you ever made your own clothes or accessories?

- No, I've never made my own clothes or accessories, but I think it would be an interesting thing to try.

9. Who is your favorite fashion designer or brand?

- I don't have a favorite designer, but I like brands that offer simple and elegant designs.

10. Do you think the way people dress is important?

- Yes, I think it's important. The way we dress can express our personality and sometimes make a good impression.

**Sample Response for Part 2 - Long Turn (Cue Card):**

My personal style is best described as casual and comfortable, yet stylish. I usually wear clothes like jeans, simple t-shirts, and sneakers. For accessories, I like to keep it minimal, maybe a watch or a simple bracelet. My outfits are usually in neutral colors like blue, black, or white, which are easy to match and look neat.

The main reason I choose this style is for comfort and practicality. I'm a student, so I spend a lot of time at university, and I need to wear something that's comfortable for a whole day. Also, I think simple clothes can still look good without too much effort.

**New Words and Phrasal Verbs:**

1. **Casual:** Relaxed and unconcerned; not formal or fancy.

- I prefer a casual style, like jeans and t-shirts.

2. **Minimal:** Using the smallest range of materials and details necessary; simple.

- I like to accessorize minimally, with just a watch or bracelet.

3. **Evolved:** Developed gradually over time.

- My personal style has evolved to be more about comfort.



Over time, my style has evolved from being more trendy to what it is now. When I was younger, I used to follow fashion trends more closely. But as I've grown, I've realized it's more important to wear what feels right for me rather than what's trendy. So, my style has become more about what I like and what feels good, rather than what everyone else is wearing.

This style reflects my personality well. It shows that I value comfort and simplicity, and I don't feel the need to stand out too much. It's a practical style that suits my lifestyle as a student.

4. **Practicality:** The quality of being sensible and realistic in approach.

- I choose clothes for their practicality and comfort.

### ***Part 3: Discussion***

1. Why do you think people have different fashion tastes?

- People have different fashion tastes because everyone is unique. Our personalities, lifestyles, and even the climate where we live can influence what we like to wear.

2. How do fashion trends affect society?

- Fashion trends can affect society by influencing what people buy and wear. Sometimes they can even change how people think about beauty or style. They can also create a sense of belonging for those who follow them.

3. Do you think fashion is more important today than in the past?

- Maybe, because now we have social media and the internet, which make fashion more visible. People are more aware of what's trendy and might feel more pressure to look a certain way.

4. How has social media influenced personal style and fashion trends?

- Social media has a big influence. It shows us lots of fashion styles and trends quickly. People can see what celebrities and influencers wear and might want to copy their style.

5. Can fashion be a form of self-expression? How?

- Yes, fashion can be a way to express yourself. The clothes you choose can show your personality, mood, or interests. It's like a non-verbal way to tell others about yourself.

## Lesson 18. Book Club: Favorite Reads

### 1. Part 1: Introduction and Interview

1. Could you tell me your name, please?
2. Where are you from?
3. Are you a student or do you work?
4. Do you enjoy reading?
5. What is your favorite book and why?
6. Who is your favorite author?
7. Do you prefer fiction or non-fiction books?
8. Have you ever re-read a book? Which one and why?
9. Is there a book you would recommend to everyone? Why?
10. How often do you visit a library or bookstore?

### 2. Part 2: Long Turn (Cue Card)

Talk about a book that has been important to you.

- You should say:
  - What the book is and who wrote it
  - What the book is about
  - Why it is important to you

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think reading is important?
2. How do books influence our lives and beliefs?
3. Do you think the experience of reading books has changed with technology?
4. How do you think books contribute to cultural understanding?
5. In the future, do you think people will read more or less? Why?

## Model responses

### Part 1: Introduction and Interview

1. Could you tell me your name, please?
  - Yes, my name is Rustemli Sakina.
2. Where are you from?
  - I'm from Nakhchivan, Azerbaijan. It's a region known for its rich history and culture.
3. Are you a student or do you work?
  - I am a student. I'm studying English Language Teaching at the university.

4. Do you enjoy reading?  
- Yes, I love reading. It's one of my favorite hobbies.
5. What is your favorite book and why?  
- My favorite book is 'The Alchemist' by Paulo Coelho. I love its message about following your dreams and finding your destiny.
6. Who is your favorite author?  
- Paulo Coelho is my favorite author. His writing style is inspirational and thought-provoking.
7. Do you prefer fiction or non-fiction books?  
- I prefer fiction books. I enjoy stories that take me to different worlds and times.
8. Have you ever re-read a book? Which one and why?  
- Yes, I've re-read 'The Alchemist.' Each time I read it, I find new meanings and insights.
9. Is there a book you would recommend to everyone? Why?  
- Besides 'The Alchemist,' I would recommend 'To Kill a Mockingbird' by Harper Lee. It teaches important lessons about empathy and justice.
10. How often do you visit a library or bookstore?  
- I visit the library about once a month. I like to browse and find new books to read.

***Sample Response for Part 2 - Long Turn (Cue Card):***

A book that has been very important to me is 'Rich Dad Poor Dad' by Robert Kiyosaki. It's a book that talks about personal finance, investing, and the differences in mindset between the rich and the poor. The book is structured around the stories and lessons that Kiyosaki learned from his own 'rich dad' and 'poor dad,' which essentially represent two different perspectives on money and success.

The book discusses how traditional education doesn't always teach us about money and emphasizes the importance of financial literacy. It talks about investing, creating assets, and understanding the value of money. It's not just about becoming rich but about being smart with your finances.

***New Words and Phrasal Verbs:***

1. **Financial literacy:** The ability to understand and effectively use various financial skills, including personal financial management, budgeting, and investing.  
- The book emphasizes the importance of financial literacy.
2. **Investing:** To allocate money in the expectation of some benefit in the future.  
- It talks about the significance of investing and creating assets.
3. **Perspective:** A particular attitude towards or way of regarding something.  
- The book changed my perspective on money and success.

This book is important to me because it changed my perspective on money and finance. It taught me the value of investing and saving rather than just earning and spending. The insights from the book have encouraged me to think about my financial future and how I can make smarter choices. It's a book I believe everyone, especially young people, should read to understand the value of financial independence and making informed decisions.

4. **Assets:** Valuable resources owned by a person or company.

- The book discusses creating assets for financial growth.

### ***Part 3: Discussion***

1. Why do you think reading is important?

- Reading is important because it helps us learn new things and improves our imagination. It can also improve our language skills and help us relax.

2. How do books influence our lives and beliefs?

- Books can influence our thoughts and beliefs by giving us new ideas and perspectives. They can teach us about different cultures and times, and help us understand other people's experiences.

3. Do you think the experience of reading books has changed with technology?

- Yes, technology has changed reading a lot. Now we have e-books and audiobooks, so we can read anywhere on our phones or tablets. It's more convenient, but some people still prefer the feeling of paper books.

4. How do you think books contribute to cultural understanding?

- Books give us insights into different cultures and histories. By reading about different places and people, we can learn to understand and appreciate them better.

5. In the future, do you think people will read more or less? Why?

- It's hard to say. Technology might make reading more accessible, so people might read more. But at the same time, there are so many other forms of entertainment now, so some might read less.

## Lesson 19. The Future of Work

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where do you live?
3. Are you currently working, or are you a student?
4. What kind of job would you like to have in the future?
5. Do you think technology will change the way people work?
6. What skills do you think will be important for jobs in the future?
7. Have you ever thought about working remotely or online?
8. What do you think is the best job to have right now? Why?
9. Do you think some jobs might disappear in the future? Which ones?
10. Would you like to work in an office or prefer something else?

### 2. Part 2: Long Turn (Cue Card)

Describe what you think a future job might look like.

- You should say:
  - What the job is
  - How it differs from jobs today
  - What skills or technology it might involve

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How do you think automation and AI will affect future employment?
2. What role might education play in preparing for future jobs?
3. Do you think work-life balance will improve in the future?
4. How could changes in work impact society as a whole?
5. Do you think people will have more or fewer career changes in the future?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Guliyeva Gulum.
2. Where do you live?
  - I live in Nakhchivan, Azerbaijan. It's a region rich in history and culture.
3. Are you currently working, or are you a student?
  - I am currently a student, but I also work part-time. I've been teaching English online to a student from Russia.

4. What kind of job would you like to have in the future?
  - In the future, I would like to have a job that combines teaching and technology. Maybe something like an online education consultant or a digital learning coordinator.
5. Do you think technology will change the way people work?
  - Definitely, technology is already changing work. Jobs are becoming more flexible and remote, and technology is creating new types of work.
6. What skills do you think will be important for jobs in the future?
  - I think digital skills, like coding and digital marketing, will be very important. Also, soft skills like communication and problem-solving will always be valuable.
7. Have you ever thought about working remotely or online?
  - Yes, I'm already working remotely by teaching English online. It's a great experience, and I enjoy the flexibility it offers.
8. What do you think is the best job to have right now? Why?
  - I think a job in technology, like a software developer, is great because it's in high demand. These jobs also offer good salaries and the possibility to work remotely.
9. Do you think some jobs might disappear in the future? Which ones?
  - Yes, some jobs might disappear, especially those that can be automated. For example, certain types of manufacturing jobs or even some aspects of customer service.
10. Would you like to work in an office or prefer something else?
  - I would prefer a mix. Working remotely is great, but sometimes being in an office can be good for teamwork and learning from others.

**Sample Response for Part 2 - Long Turn (Cue Card):**      **New Words and Phrasal Verbs:**

A future job that I can see myself doing is being an online programmer who also teaches English and travels around the world. This job would be a combination of technology, education, and travel, and it represents the increasing trend of blending different skills and interests in one career.

This job is different from many jobs today because it's not just focused on one field. Instead of working in an office, I would work remotely, using technology to connect with clients and students from all over the world. This would give me the flexibility to travel, experiencing different cultures while still working.

1. **Remote:** Working from a distance, not physically present in an office.  
 - This job would allow me to work remotely from anywhere in the world.

2. **Digital nomad:** A person who uses telecommunications technologies to earn a living and, more generally, conduct their life in a nomadic manner.

The job would involve a variety of skills and technologies. For programming, I would need to be skilled in coding languages like Python or JavaScript and be familiar with software development tools. For teaching English, I would need good communication skills and knowledge of digital teaching platforms. And since I'd be traveling, being adaptable and able to manage work from different locations would be crucial.

Overall, it's a job that combines tech skills with teaching and the freedom of a digital nomad lifestyle. It's a reflection of how work could evolve in the future, with more focus on remote working, digital skills, and personal freedom.

- The job aligns with the digital nomad lifestyle, combining work and travel.

3. **Adaptable:** Able to adjust to new conditions or environments.

- Being adaptable is key when working and traveling simultaneously.

4. **Tech skills:** Abilities and knowledge in technology and digital tools.

- The job would require strong tech skills, especially in programming.

### **Part 3: Discussion**

1. How do you think automation and AI will affect future employment?

- Automation and AI might replace some jobs, especially repetitive or manual ones. But they could also create new jobs in tech and programming. People might need to learn new skills to work with these technologies.

2. What role might education play in preparing for future jobs?

- Education will be very important. Schools and universities will need to teach skills like coding, digital literacy, and how to work with AI and automation. They should also focus on creativity and problem-solving, which machines can't easily replace.

3. Do you think work-life balance will improve in the future?

- Yes, I think so. With more flexible and remote work options, people might have better control over their time. This could lead to a better work-life balance.

4. How could changes in work impact society as a whole?

- Changes in work could impact how we live and interact. There might be more focus on digital communication and less on face-to-face interactions. It could also change how we view the importance of work in our lives.

5. Do you think people will have more or fewer career changes in the future?

- People might have more career changes because of how fast technology and job markets are changing. They might need to adapt and learn new skills throughout their lives to keep up with new job opportunities.

## Lesson 20. Cultural Exchange

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where are you from?
3. Are you a student or do you work?
4. Have you ever visited another country? Which one?
5. What did you find most interesting about the culture in that country?
6. Are there any cultural customs in your country that you think are unique?
7. How do you learn about other cultures?
8. Do you enjoy trying food from other countries? What's your favorite?
9. Have you ever participated in a cultural exchange program?
10. What do you think is the best way to understand a different culture?

### 2. Part 2: Long Turn (Cue Card)

Describe a cultural experience you had with someone from another country.

- You should say:
  - Who the person was
  - What the cultural experience was
  - How it affected your understanding of their culture

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why is cultural exchange important in today's world?
2. How can understanding different cultures benefit individuals and societies?
3. Do you think global events, like the Olympics, promote cultural exchange effectively?
4. How has the internet influenced cultural understanding?
5. Do you think learning a foreign language is important for cultural exchange?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Qenberli Aytaj.
2. Where are you from?
  - I'm from Baku, Azerbaijan. It's a vibrant city with a mix of modern and traditional elements.
3. Are you a student or do you work?
  - I am currently a student. I'm studying English Language Teaching at the university.



4. Have you ever visited another country? Which one?  
- Yes, I've visited London in the UK. It was a gift from my father when I entered this faculty.
5. What did you find most interesting about the culture in that country?  
- I found the mix of history and modernity in London fascinating. The historical landmarks alongside the contemporary lifestyle were really interesting.
6. Are there any cultural customs in your country that you think are unique?  
- Yes, in Azerbaijan, we have Novruz Bayram, a traditional celebration of the spring equinox. It's unique with its special foods and customs.
7. How do you learn about other cultures?  
- I learn about other cultures through books, movies, and by talking to people from different countries. The internet is also a great resource.
8. Do you enjoy trying food from other countries? What's your favorite?  
- I love trying new foods. My favorite is Italian cuisine, especially pasta dishes.
9. Have you ever participated in a cultural exchange program?  
- No, I haven't had the chance to participate in a cultural exchange program, but I would love to in the future.
10. What do you think is the best way to understand a different culture?  
- The best way is to visit the country and experience the culture firsthand. Interacting with local people and participating in their daily life gives a deeper understanding.

**Sample Response for Part 2 - Long Turn (Cue Card):**

**New Words and Phrasal Verbs:**

One memorable cultural experience I had was with a student from Japan named Yuki. We met during my trip to London, where we both attended a short language course. Yuki and I quickly became friends due to our shared interest in learning about different cultures.

One day, Yuki invited me to a traditional Japanese tea ceremony that was being held in London. I was fascinated by the precision and grace with which the ceremony was conducted. Yuki explained the significance of each step, from the way the tea was prepared to the manner in which it was served. The ceremony was a beautiful blend of art, spirituality, and hospitality.

1. **Precision:** The quality of being exact and accurate.

- The precision in the Japanese tea ceremony was impressive.

2. **Significance:** The quality of being important or of giving meaning.

- Yuki explained the significance of each step in the ceremony.

3. **Harmony:** A consistent, orderly, or pleasing arrangement of parts.

- The ceremony was a way to foster harmony and peace.

This experience greatly affected my understanding of Japanese culture. It taught me about the importance of ritual, respect, and mindfulness in Japanese society. The tea ceremony wasn't just about drinking tea, but it was a way to foster harmony and peace. It made me appreciate the depth and thoughtfulness that goes into Japanese traditions. This experience broadened my perspective and made me more curious about exploring other aspects of Japanese culture.

4. **Foster:** Encourage the development of something.

- The tea ceremony helps to foster a sense of community.

### ***Part 3: Discussion***

1. Why is cultural exchange important in today's world?

- Cultural exchange is important because it helps people from different parts of the world understand each other better. It reduces stereotypes and promotes peace and cooperation among different nations.

2. How can understanding different cultures benefit individuals and societies?

- Understanding different cultures can make individuals more open-minded and respectful of others. For societies, it promotes diversity, brings in new ideas, and helps in solving problems by looking at them from different perspectives.

3. Do you think global events, like the Olympics, promote cultural exchange effectively?

- Yes, events like the Olympics bring people from all over the world together. They showcase different cultures and promote a sense of global unity and friendship.

4. How has the internet influenced cultural understanding?

- The internet has made it easier to learn about other cultures. We can watch videos, read articles, and even talk to people from different countries online. This helps in breaking down cultural barriers and misunderstandings.

5. Do you think learning a foreign language is important for cultural exchange?

- Yes, learning a foreign language is very important for cultural exchange. It helps in communicating effectively with people from other cultures and also gives a deeper understanding of their way of life and thinking.

## Lesson 21. Creativity and Innovation

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where are you from?
3. Are you a student or do you work?
4. What hobbies do you have that involve being creative?
5. Can you think of a time when you had to be innovative to solve a problem?
6. Do you enjoy learning about new inventions and technologies?
7. What is the most creative thing you have ever done?
8. Who is the most creative person you know? Why?
9. Do you think creativity is something people are born with or can it be learned?
10. How do you think schools can encourage creativity in students?

### 2. Part 2: Long Turn (Cue Card)

Talk about a creative or innovative idea that you find interesting.

- You should say:
  - What the idea is
  - Why you find it interesting or innovative
  - How this idea impacts or could impact people

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think creativity and innovation are important in today's world?
2. How do creativity and innovation contribute to progress in society?
3. Do you think technology always encourages creativity?
4. How can businesses or organizations foster an environment of creativity and innovation?
5. Do you think there are any downsides to rapid innovation?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?
  - Sure, my name is Necefli Nurcin.
2. Where are you from?
  - I'm from Baku, Azerbaijan. It's a city with a great mix of modern and traditional culture.
3. Are you a student or do you work?
  - I'm a student. I'm studying in the English Language Teaching department at university.

4. What hobbies do you have that involve being creative?

- I enjoy painting and writing poetry. Both hobbies allow me to express my creativity and feelings in unique ways.

5. Can you think of a time when you had to be innovative to solve a problem?

- Once, I had to create a presentation without a computer. I used handmade drawings and charts, which ended up being more engaging than a typical digital presentation.

6. Do you enjoy learning about new inventions and technologies?

- Yes, I find new inventions fascinating. It's interesting to see how technology can change and improve our lives.

7. What is the most creative thing you have ever done?

- The most creative thing I've done was write and direct a short play for a school event. It was a great experience to bring a story to life.

8. Who is the most creative person you know? Why?

- The most creative person I know is my art teacher. She always has unique ideas for projects and inspires us to think outside the box.

9. Do you think creativity is something people are born with or can it be learned?

- I think everyone has some creativity, but it can definitely be developed and enhanced with practice and learning.

10. How do you think schools can encourage creativity in students?

- Schools can encourage creativity by offering diverse subjects, supporting experimental projects, and giving students freedom to explore their ideas.

**Sample Response for Part 2 - Long Turn (Cue Card):**

**New Words and Phrasal Verbs:**

A creative idea that I find fascinating is the concept of vertical farming. Vertical farming is the practice of producing food in vertically stacked layers, like in a skyscraper, used warehouse, or shipping container. This method utilizes controlled-environment agriculture technology, which means creating the perfect conditions for plant growth, like lighting, temperature, and nutrients.

I find vertical farming interesting and innovative because it's a solution to the lack of space for traditional farming, especially in urban areas. It also uses less water and soil, and because it's indoors, there are fewer problems with pests and weather.

1. **Vertical farming:** The practice of growing crops in vertically stacked layers, often in a controlled environment.  
- Vertical farming is an innovative way to produce food in urban areas.

2. **Controlled-environment agriculture:** A technology-based approach towards food production which aims to provide optimum conditions for plant growth.  
- Vertical farming uses controlled-environment agriculture to grow crops.

This means there can be a constant production of fresh, local produce all year round.

The impact of vertical farming on people could be significant. It could lead to fresher, more sustainable produce in cities, reducing the need for transportation and the carbon footprint associated with it. It also presents an opportunity for urban areas to be more self-sufficient in terms of food production. In a world where space is becoming scarce and the population is growing, vertical farming could be an essential part of future food production.

3. **Sustainable:** Able to be maintained at a certain rate or level; conserving an ecological balance by avoiding depletion of natural resources.

- Vertical farming is seen as a more sustainable way to grow food.

4. **Carbon footprint:** The amount of carbon dioxide released into the atmosphere as a result of the activities of a particular individual, organization, or community.

- This farming method could reduce the carbon footprint of food production.

### ***Part 3: Discussion***

1. Why do you think creativity and innovation are important in today's world?

- Creativity and innovation are important because they lead to new ideas and improvements. They help solve problems in different and better ways, which is really important in a world that is always changing.

2. How do creativity and innovation contribute to progress in society?

- They contribute by bringing new solutions to old problems and making life easier and more interesting. Creative ideas can lead to new inventions or ways of doing things that can improve people's lives.

3. Do you think technology always encourages creativity?

- Not always, but often it does. Technology can give us new tools to be creative, like digital art software or new ways to make music. But sometimes, if we rely too much on technology, it might limit our own creative thinking.

4. How can businesses or organizations foster an environment of creativity and innovation?

- Businesses can encourage creativity by allowing employees to share ideas and try new things without being afraid of making mistakes. They can also provide training and resources that help people think creatively.

5. Do you think there are any downsides to rapid innovation?

- Yes, sometimes rapid innovation can be hard to keep up with, and it can make people feel stressed or overwhelmed. Also, new inventions can sometimes replace old skills or jobs.

## Lesson 22. Personal Development Goals

### 1. Part 1: Introduction and Interview

1. Could you tell me your name, please?
2. Where do you live?
3. Are you a student or do you work?
4. What are some of your hobbies or interests?
5. Do you have any goals related to your hobbies or interests?
6. How do you plan to achieve these goals?
7. What is one skill you would like to improve?
8. Have you ever accomplished a goal you set for yourself? What was it?
9. Do you think setting goals is important? Why or why not?
10. How do you stay motivated to achieve your goals?

### 2. Part 2: Long Turn (Cue Card)

<p>Describe one of your personal development goals.</p> <ul style="list-style-type: none"><li>- You should say:</li><li>- What the goal is</li><li>- Why you have set this goal</li><li>- How you plan to achieve it</li></ul>
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*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think some people find it hard to set personal goals?
2. How can setting goals impact a person's life?
3. Do you think people's goals change as they get older? Why?
4. How important is it to have realistic goals?
5. What role do you think technology plays in helping people achieve their personal development goals?

## Model responses

### Part 1: Introduction and Interview

1. Could you tell me your name, please?  
- Yes, my name is Nagiyeva Jale.
2. Where do you live?  
- I live in Baku, Azerbaijan. It's a city known for its beautiful blend of modern and traditional cultures.
3. Are you a student or do you work?  
- I'm currently a student. I'm focusing on my studies and personal development.

4. What are some of your hobbies or interests?

- One of my main hobbies is watching English fairy tales on YouTube. I also enjoy learning languages and have a keen interest in dancing.

5. Do you have any goals related to your hobbies or interests?

- Yes, my goal is to learn more languages and to improve my dancing skills. I believe being multilingual and good at dancing would be **fulfilling**.

6. How do you plan to achieve these goals?

- I plan to achieve these by taking language classes and practicing regularly. For dancing, I'm **considering** joining a dance class to improve my skills.

7. What is one skill you would like to improve?

- I would like to improve my public speaking skills. It's something I feel would benefit me both personally and professionally.

8. Have you ever accomplished a goal you set for yourself? What was it?

- Yes, I once set a goal to read 10 books in English within a year, and I achieved it. It greatly improved my language skills.

9. Do you think **setting goals** is important? Why or why not?

- I think setting goals is important because it gives you direction and something to work towards. It helps in personal growth and achieving success in various aspects of life.

10. How do you stay motivated to achieve your goals?

- I stay motivated by reminding myself of the benefits of achieving my goals. Also, tracking my progress and celebrating small achievements **keeps me motivated**.

**Sample Response for Part 2 - Long Turn (Cue Card):**    **New Words and Phrasal Verbs:**

One of my personal development goals is to become fluent in Spanish. I set this goal because I've always been fascinated by the language and the rich cultures of Spanish-speaking countries. I believe being bilingual will open up more opportunities for me, both in my personal life and my career. It will allow me to communicate with a wider range of people and understand their cultures better.

To achieve fluency in Spanish, I have a structured plan. First, I'm taking online Spanish courses to learn the basics of the language. I spend about an hour each day on lessons, focusing on grammar, vocabulary, and pronunciation. Alongside these lessons, I watch Spanish movies and listen to Spanish music to immerse myself

1. **Fluent:** Able to express oneself easily and articulately in a language.

- My goal is to become fluent in Spanish.

2. **Immerse:** Involve oneself deeply in a particular activity or interest.

- I watch Spanish movies to immerse myself in the language.

3. **Conversational skills:** The ability to engage in an informal talk where ideas and information are exchanged.

in the language. This helps me get used to the natural flow and rhythm of Spanish.

Additionally, I plan to practice speaking with native Spanish speakers. This could be through language exchange meetups or online language exchange partners. Speaking regularly with native speakers will help improve my conversational skills and give me real-life practice.

I'm committed to this goal and I'm excited about the journey of learning a new language. I know it will take time and effort, but I'm ready to put in the work to achieve fluency in Spanish.

- Speaking with native speakers will improve my conversational skills.

4. **Language exchange:** A method of learning a new language by practicing with someone who speaks that language and wants to learn your language.

- I plan to participate in language exchange meetups.

### ***Part 3: Discussion***

1. Why do you think some people find it hard to set personal goals?

- Some people might find it hard because they're not sure what they want, or they might be afraid of failure. Sometimes, they may not know how to set achievable goals or where to start.

2. How can setting goals impact a person's life?

- Setting goals gives a clear direction and purpose. It can motivate a person to take action and work towards something meaningful, leading to personal growth and achievements.

3. Do you think people's goals change as they get older? Why?

- Yes, as people get older, their goals often change. This is because their interests, circumstances, and what they value can change over time. For example, a young person might focus on career goals, while someone older might prioritize health or family.

4. How important is it to have realistic goals?

- It's very important to have realistic goals. Unrealistic goals can lead to disappointment and frustration. Realistic goals, on the other hand, are achievable and can boost confidence when reached.

5. What role do you think technology plays in helping people achieve their personal development goals?

- Technology can be a great tool for achieving personal development goals. It offers resources for learning new skills, tracking progress, and staying motivated. Apps and online platforms can provide guidance and support in many areas like education, fitness, and productivity.



## Lesson 23. Marketing and Advertising

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where do you live?
3. Are you a student or do you work?
4. What is your favorite advertisement, and why?
5. Do you think advertisements are important? Why or why not?
6. How do you usually find out about new products?
7. Do you prefer online advertisements or traditional ones like on TV or in newspapers?
8. Have you ever bought something because of an advertisement?
9. What makes a good advertisement?
10. Do you think there are too many advertisements around us?

### 2. Part 2: Long Turn (Cue Card)

Describe an advertising campaign that caught your attention.

- You should say:
  - What the campaign was
  - Why it caught your attention
  - What message it was conveying

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How do you think advertising influences consumer choices?
2. Do you think advertising should be regulated? Why or why not?
3. How has social media changed the way companies advertise?
4. Do you think advertisements target children effectively? Is this ethical?
5. How do you predict advertising will change in the future?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Mustafayeva Sema.
2. Where do you live?
  - I live in Baku, Azerbaijan. It's a bustling city with a lot of history and culture.
3. Are you a student or do you work?
  - I am currently a student. I'm studying at the university here in Baku.

4. What is your favorite advertisement, and why?

- My favorite advertisement is a TV commercial for a local tea brand. It showcases Azerbaijani culture and traditions, which I really like.

5. Do you think advertisements are important? Why or why not?

- Yes, I think they are important because they inform us about new products and services. They also help companies to reach potential customers.

6. How do you usually find out about new products?

- I usually find out about new products through social media and online reviews. Sometimes, I also learn about them from friends and family.

7. Do you prefer online advertisements or traditional ones like on TV or in newspapers?

- I prefer online advertisements because they are more targeted and I can easily find more information about the products if I'm interested.

8. Have you ever bought something because of an advertisement?

- Yes, I have bought a few things after seeing advertisements, especially if they have good deals or are something I've been looking for.

9. What makes a good advertisement?

- A good advertisement is one that is creative, clear, and memorable. It should also be honest and not misleading.

10. Do you think there are too many advertisements around us?

- Sometimes, it feels like there are too many, especially online. It can be overwhelming and distracting at times.

***Sample Response for Part 2 - Long Turn (Cue Card):***

A memorable advertising campaign that really caught my attention was Pepsi's football-themed campaign. This campaign featured famous footballers like Lionel Messi and David Beckham. They were shown playing football in various urban and unexpected settings, like on a rooftop or in a busy city street.

What caught my attention about this campaign was the combination of high-energy football action with a fun and upbeat mood. The presence of these superstar footballers added a glamorous touch. The advertisements were visually stunning with vibrant colors and dynamic camera shots, making them really stand out.

***New Words and Phrasal Verbs:***

1. ***Campaign:*** An organized course of action to achieve a goal.

- Pepsi's football-themed advertising campaign was memorable.

2. ***Glamorous:*** Having an attractive and exciting quality that makes something seem special.

- The campaign added a glamorous touch with famous footballers.

The message Pepsi was conveying through this campaign was about the joy and excitement of football and how it can bring people together. It also portrayed Pepsi as a brand that's energetic, fun, and connected with youth culture. The idea was to associate the drink with the excitement and camaraderie of watching or playing football.

This campaign was really effective because it combined a popular sport with celebrity endorsements in a way that was both entertaining and engaging. It made me, and probably many others, associate Pepsi with fun, excitement, and a bit of glamour.

3. **Convey:** To communicate or express something, with or without using words.

- The campaign conveyed the message of joy and excitement in football.

4. **Associate:** To connect something with something else in one's mind.

### ***Part 3: Discussion***

1. How do you think advertising influences consumer choices?

- Advertising often influences what people buy by making products seem attractive or necessary. Good ads can create a desire for things we didn't even know we wanted. They can also inform consumers about new products or features.

2. Do you think advertising should be regulated? Why or why not?

- Yes, advertising should be regulated. This is to make sure that ads don't make false claims and mislead consumers. Especially important is protecting vulnerable groups like children from misleading or inappropriate advertisements.

3. How has social media changed the way companies advertise?

- Social media allows companies to reach their audience more directly and personally. They can target ads based on users' interests, activities, and demographics, making advertising more tailored and potentially more effective.

4. Do you think advertisements target children effectively? Is this ethical?

- Advertisements do target children effectively, often using catchy jingles, fun characters, and appealing visuals. However, it raises ethical concerns as children may not understand the commercial intent and may influence their parents' spending decisions.

5. How do you predict advertising will change in the future?

- In the future, I think advertising will become more integrated with technology like augmented reality and AI to create more personalized and immersive experiences. We may also see an increase in subtle advertising forms like influencer endorsements.

## Lesson 24. Volunteer Work and Charity

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where do you live?
3. Are you a student or do you currently work?
4. Have you ever done any volunteer work?
5. What type of charity work interests you?
6. Why do you think people do volunteer work?
7. Is there a particular cause you feel passionate about?
8. How can one start doing volunteer work?
9. Do you think schools should encourage students to do volunteer work?
10. What have you learned from any volunteer experiences you've had?

### 2. Part 2: Long Turn (Cue Card)

Talk about a memorable volunteer or charity experience you have had or would like to have.

- You should say:
  - What the experience was or what you would like it to be
  - Why it was memorable or why you are interested in it
  - What impact it had on you or what impact you hope to have

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think volunteer work is important in society?
2. How do you think volunteering can benefit the volunteer personally?
3. What are some challenges people might face when doing volunteer work?
4. How can charities and non-profits improve their work and impact?
5. In the future, do you think the role of volunteer work will change? How?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?
  - Yes, my name is Mustafayeva Fidan.
2. Where do you live?
  - I live in Baku, Azerbaijan. It's a large city with a lot of cultural activities and opportunities.
3. Are you a student or do you currently work?
  - I'm currently a student. I'm focusing on my studies at the university.

4. Have you ever done any volunteer work?

- Yes, I have done some volunteer work at a local community center. It was a rewarding experience.

5. What type of charity work interests you?

- I'm interested in charity work that involves helping children and education. I think every child deserves a good start in life.

6. Why do you think people do volunteer work?

- People do volunteer work to help others and make a difference. It's also a way to give back to the community and feel connected.

7. Is there a particular cause you feel passionate about?

- Yes, I'm passionate about environmental conservation. I believe it's important to protect our planet for future generations.

8. How can one start doing volunteer work?

- To start volunteering, you can look for opportunities in your local community or join organizations that align with your interests. Schools and community centers often need volunteers.

9. Do you think schools should encourage students to do volunteer work?

- Yes, schools should encourage it. Volunteer work helps students develop empathy and life skills. It also gives them a broader perspective on society.

10. What have you learned from any volunteer experiences you've had?

- From my volunteer work, I've learned teamwork and communication skills. It also taught me the value of helping others and the impact a small act of kindness can have.

**Sample Response for Part 2 - Long Turn (Cue Card):**

A memorable volunteer experience I had was when I visited an old people's home in Ordubad. I stayed there for two weeks, helping the residents with their daily activities and spending time with them. It was an organized visit where a group of us from university decided to dedicate our time to the elderly in that community.

This experience was memorable because it was profoundly touching and eye-opening. Many of the residents were eager to share their stories and experiences, and they appreciated the company and

**New Words and Phrasal Verbs:**

1. **Profoundly:** To a great degree; deeply.  
- The experience was profoundly touching and gave me a new perspective.

2. **Empathetic:** Showing an ability to understand and share the feelings of others.  
- The experience made me more empathetic towards the elderly.

3. **Eye-opening:** Surprisingly enlightening; providing new insights.

assistance we provided. The warmth and gratitude they showed were incredibly moving.

- Visiting the old people's home was an eye-opening experience for me.

The impact this experience had on me was significant. It made me more empathetic and understanding towards the challenges faced by the elderly. It also taught me the value of giving back to the community and the importance of not forgetting those who might feel isolated or neglected. The joy and appreciation in their eyes were something that deeply affected me and reinforced my desire to continue doing volunteer work. It was a reminder of how small acts of kindness can make a big difference in someone's life.

4. **Reinforced:** Strengthened or supported, especially with additional material.

- The gratitude of the residents reinforced my desire to continue volunteering.

### ***Part 3: Discussion***

1. Why do you think volunteer work is important in society?

- Volunteer work is important because it helps address community needs and supports those who are vulnerable or disadvantaged. It fosters a sense of unity and compassion in society, showing that people are willing to help each other without expecting anything in return.

2. How do you think volunteering can benefit the volunteer personally?

- Volunteering can be very rewarding personally. It can provide a sense of purpose and fulfillment, knowing you've made a difference. It also helps in developing skills like teamwork and problem-solving, and can be a way to meet new people and learn about different lifestyles.

3. What are some challenges people might face when doing volunteer work?

- Some challenges might include dealing with emotional situations, especially in roles like helping the elderly or the sick. Volunteers might also face practical issues like balancing their time or dealing with limited resources in the organization they're helping.

4. How can charities and non-profits improve their work and impact?

- Charities and non-profits can improve by being transparent about how they use donations and by showing the impact of their work. Engaging the community and building strong partnerships can also enhance their effectiveness and reach.

5. In the future, do you think the role of volunteer work will change? How?

- In the future, the role of volunteer work might evolve with more virtual or remote volunteering opportunities due to technology. The types of volunteer work might also change, focusing more on new societal issues or global challenges like climate change.

## Lesson 25. The Art of Storytelling

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where are you from?
3. Are you a student or do you work?
4. Do you enjoy reading or listening to stories?
5. Can you remember a story that you particularly liked? What was it about?
6. Have you ever told a story to someone? What was it about?
7. What do you think makes a story interesting?
8. Who is your favorite storyteller and why?
9. Do you prefer stories with happy endings or open-ended stories?
10. Are there any traditional stories from your country that you like?

### 2. Part 2: Long Turn (Cue Card)

Describe a memorable story that you have heard or read.

- You should say:
  - What the story was about
  - Where you heard or read it
  - Why it was memorable to you

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think storytelling is an important part of culture?
2. How can stories be used to teach or convey messages?
3. Do you think the way people tell stories has changed with technology?
4. How do you think stories help in connecting people?
5. What role do you think stories play in children's development?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?  
- Yes, my name is Mirzayeva Khazangul.
2. Where are you from?  
- I'm from Baku, Azerbaijan. It's a city known for its cultural heritage and modern developments.
3. Are you a student or do you work?  
- I'm a student currently studying English language skills at university.

4. Do you enjoy reading or listening to stories?

- I really enjoy listening to stories. I find that they are a great way to learn and can be very entertaining.

5. Can you remember a story that you particularly liked? What was it about?

- One of my favorites is a story from Dhar Mann on YouTube. It's about kindness and how small actions can make a big difference in people's lives.

6. Have you ever told a story to someone? What was it about?

- Yes, I often tell Dhar Mann stories in my English classes. They usually have meaningful messages about life and relationships.

7. What do you think makes a story interesting?

- A story becomes interesting when it has relatable characters, a captivating plot, and an important lesson or moral.

8. Who is your favorite storyteller and why?

- My favorite storyteller is Dhar Mann because his stories are not only engaging but also teach valuable life lessons in a creative way.

9. Do you prefer stories with happy endings or open-ended stories?

- I prefer stories with happy endings. They leave me feeling positive and hopeful.

10. Are there any traditional stories from your country that you like?

- Yes, I enjoy traditional Azerbaijani folk tales. They are rich in culture and often have interesting characters and moral lessons.

**Sample Response for Part 2 - Long Turn (Cue Card):**

A memorable story that I heard was about the Battle of Shusha in 2020. This story is about a big and important fight in a city called Shusha, which is very special in Azerbaijan. The battle was part of a bigger problem about who the land belonged to.

I heard this story from my family and on the news in Azerbaijan. Everyone was talking about it because it was a big moment for our country. The Azerbaijani soldiers had to fight very hard to win back the city. They climbed up steep hills and fought against other soldiers to take control of Shusha.

**New Words and Phrasal Verbs:**

1. **Memorable:** Something that is easily remembered because it is special or very interesting.

- The story of the Battle of Shusha is memorable to me.

2. **Brave:** Showing courage; ready to face and endure danger or pain.

- The Azerbaijani soldiers were very brave in the battle.

3. **Proud:** Feeling deep pleasure or satisfaction because of one's own achievements, qualities, or country.



This story is memorable to me because it showed how brave and strong the Azerbaijani soldiers were. It made me feel proud of my country. The battle was difficult, but our soldiers worked together and won. This story is important in Azerbaijan and is a part of our history that people will remember for a long time.

- The story made me feel proud of my country.

4. **Win back** : To succeed in getting something again that you had lost.

- The soldiers worked hard to win back the city.

### ***Part 3: Discussion***

1. Why do you think storytelling is an important part of culture?

- Storytelling is important because it's a way to share history and traditions. Every culture has its own stories that teach us about the values, beliefs, and experiences of people from that culture.

2. How can stories be used to teach or convey messages?

- Stories can teach lessons about life, like being kind or brave. They often have morals or messages at the end. Also, stories can make difficult ideas easier to understand because they use characters and situations that we can relate to.

3. Do you think the way people tell stories has changed with technology?

- Yes, technology has changed storytelling. Now, we can read or listen to stories online. Things like audiobooks and videos make stories more interesting and accessible to more people.

4. How do you think stories help in connecting people?

- Stories bring people together because they share experiences and feelings that are common to everyone. When we listen to or read the same stories, we feel connected to others who know those stories too.

5. What role do you think stories play in children's development?

- Stories are very important for children's development. They help children learn language and understand the world. Stories also teach children about emotions, problem-solving, and how to behave in different situations.

## Lesson 26. Climate Change and Sustainability

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where do you live?
3. Are you a student or do you work?
4. Have you noticed any changes in the weather or climate in your area?
5. What do you think is the biggest environmental problem today?
6. Do you try to use eco-friendly products? Why or why not?
7. How do you think we can protect the environment?
8. Is recycling common in your community?
9. Have you participated in any activities related to environmental conservation?
10. What does 'sustainability' mean to you?

### 2. Part 2: Long Turn (Cue Card)

Talk about an environmental issue that you are particularly concerned about.

- You should say:
  - What the issue is
  - Why it concerns you
  - What you think could be done to address this issue

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why is it important to address climate change?
2. How can individuals contribute to sustainability?
3. Do you think governments are doing enough to combat climate change?
4. How do you think climate change will affect future generations?
5. What role can education play in promoting environmental awareness?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?  
Hello! My name is Gulay Ahmedli.
2. Where do you live?  
I live in Nakhchivan, Azerbaijan.
3. Are you a student or do you work?  
I work. I am not a student.
4. Have you noticed any changes in the weather or climate in your area?

Yes, I have noticed changes. The summers are hotter and the winters are not as cold as before.

5. What do you think is the biggest environmental problem today?

I think the biggest problem is pollution. It hurts our air and water.

6. Do you try to use eco-friendly products? Why or why not?

Yes, I try. It's important to protect the environment. Eco-friendly products do not harm nature.

7. How do you think we can protect the environment?

We can protect it by using less plastic, recycling, and planting trees.

8. Is recycling common in your community?

Yes, it's becoming more common. Many people are starting to recycle.

9. Have you participated in any activities related to environmental conservation?

Yes, I have joined clean-up days in my city.

10. What does 'sustainability' mean to you?

Sustainability means using resources in a way that does not harm the future. It's about protecting the environment for us and for the kids in the future.

***Sample Response for Part 2 - Long Turn (Cue Card): New Words and Phrasal Verbs:***

An environmental issue that particularly concerns me is plastic pollution. This issue involves the large amounts of plastic waste that end up in our oceans, rivers, and landscapes. It's a growing problem because plastic doesn't break down easily and can harm wildlife, marine life, and even enter our food chain.

I'm concerned about plastic pollution because of its long-term effects on the environment. It's upsetting to see images of marine animals harmed by plastic waste or beaches littered with plastic debris. It's not just an aesthetic issue; it's about the health of our planet and the creatures living on it. The fact that these plastics could take hundreds of years to decompose means we are creating a problem for many future generations.

To address this issue, I think we need a combination of individual actions and policy changes. On a personal level, we can reduce our use of single-use plastics by choosing reusable products, like water bottles and shopping bags. Communities can implement better waste management systems and encourage recycling. On a larger scale, governments should enforce stricter

1. ***Plastic pollution:*** The accumulation of plastic objects in the Earth's environment that adversely affects wildlife, wildlife habitat, and humans.

- Plastic pollution in our oceans is a serious environmental issue.

2. ***Decompose:*** To break down or decay naturally, especially organic material.

- Plastic takes hundreds of years to decompose.

3. ***Eco-friendly:*** Not harmful to the environment.

- We should promote the use of eco-friendly products.

4. ***Awareness campaigns:*** Efforts to inform and educate the public on a particular issue.

regulations on plastic production and promote the development of eco-friendly alternatives. Also, there should be more public awareness campaigns to educate people about the impact of plastic pollution and how they can help reduce it.

- Public awareness campaigns can help people understand the impact of plastic pollution.

### ***Part 3: Discussion***

1. Why is it important to address climate change?

- Addressing climate change is important because it affects our planet's health and our lives. It leads to extreme weather, harms animals and plants, and can even cause problems for our food and water. We need to fix it to keep our world safe for us and future generations.

2. How can individuals contribute to sustainability?

- Individuals can contribute by doing small things like recycling, using less water and electricity, and choosing to walk or cycle instead of driving. Buying less plastic and eating more plant-based foods also helps. Every small action adds up.

3. Do you think governments are doing enough to combat climate change?

- Some governments are taking action, but more needs to be done. They should create laws to reduce pollution, protect nature, and invest in clean energy. It's a big problem that needs serious actions from all countries.

4. How do you think climate change will affect future generations?

- Future generations might face bigger problems because of climate change. They could have less clean water and fewer animals and plants. They might also have to deal with more extreme weather like floods and heatwaves.

5. What role can education play in promoting environmental awareness?

- Education is really important. It can teach people about climate change and how to protect the Earth. If children learn about these things early, they will grow up caring more about the environment.

## Lesson 27. Modern Art and Azerbaijani Artists

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where are you from?
3. Are you a student, or do you work?
4. Do you like art? What kind of art do you like?
5. Have you ever visited an art gallery or a museum?
6. Are there any famous artists from Azerbaijan that you know of?
7. How often do you encounter art in your daily life?
8. Do you think art is important in education? Why?
9. Have you ever tried creating art yourself?
10. What do you think modern art represents?

### 2. Part 2: Long Turn (Cue Card)

Describe a piece of modern art or an Azerbaijani artist that you find interesting.

- You should say:
  - What the artwork is or who the artist is
  - Why you find it or them interesting
  - How you first learned about it or them

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think modern art is important or significant?
2. How can art reflect a country's culture or history?
3. Do you think the popularity of digital art will continue to grow?
4. How can artists contribute to society apart from creating art?
5. What role do you think art plays in shaping public opinion?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Bagirli Gulcan.
2. Where are you from?
  - I'm from Zeynaddin village, a small but beautiful place near Nakhchivan in Azerbaijan.
3. Are you a student, or do you work?
  - I'm currently a student, studying at the university in Nakhchivan.

4. Do you like art? What kind of art do you like?

- Yes, I like art. I am particularly fond of traditional Azerbaijani art forms, like miniature painting and carpet weaving.

5. Have you ever visited an art gallery or a museum?

- Yes, I've visited a few art galleries and museums in Baku. It's always interesting to see the artworks and learn about their history.

6. Are there any famous artists from Azerbaijan that you know of?

- One famous artist from Azerbaijan that I know is Tahir Salahov. He's known for his paintings that beautifully capture Azerbaijani culture.

7. How often do you encounter art in your daily life?

- I encounter art quite often, especially in local crafts and architecture. Even in everyday objects, you can see artistic influences in Azerbaijan.

8. Do you think art is important in education? Why?

- Yes, I think art is important in education. It helps students to be creative and express themselves, and it can also teach them about history and different cultures.

9. Have you ever tried creating art yourself?

- I have tried a little bit. I enjoy drawing and have experimented with painting, but I'm still learning.

10. What do you think modern art represents?

- I think modern art represents new ideas and ways of seeing the world. It can be about breaking rules and expressing feelings or thoughts in unique ways.

**Sample Response for Part 2 - Long Turn (Cue Card):**

**New Words and Phrasal Verbs:**

One Azerbaijani artist that I find particularly interesting is Faig Ahmed. He's a contemporary artist known for his innovative approach to traditional Azerbaijani carpet weaving. Ahmed takes the ancient art of carpet making and transforms it into something modern and unexpected. His works often feature traditional carpet patterns that suddenly dissolve into pixels or morph into 3D structures.

What makes Faig Ahmed's work so fascinating to me is how he blends the old with the new. He respects the ancient craft but isn't afraid to experiment and push boundaries. His artworks

1. **Contemporary:** Belonging to or occurring in the present.

- Faig Ahmed is a contemporary Azerbaijani artist.

2. **Innovative:** Featuring new methods; advanced and original.

- His innovative approach to carpet weaving is remarkable.

3. **Transforms:** To make a thorough or dramatic change in form, appearance, or character.

- He transforms traditional carpets into modern art.

make you think about tradition and modernity, and how they can coexist and interact with each other.

I first learned about Faig Ahmed at a university art class where we were discussing modern Azerbaijani artists. His unique approach to art caught my attention immediately. Since then, I've followed his work and exhibitions. He's a great example of how Azerbaijani artists are making a mark on the international art scene by bringing a fresh perspective to traditional art forms.

4. **Coexist:** To exist at the same time or in the same place.

- His work shows how tradition and modernity can coexist.

### ***Part 3: Discussion***

1. Why do you think modern art is important or significant?

- Modern art is important because it lets artists express new ideas and feelings about the world today. It can challenge the way we think and show us different perspectives. Modern art also often uses new techniques and materials, which can be really creative and interesting.

2. How can art reflect a country's culture or history?

- Art can show a country's culture and history by depicting traditional life, important events, or famous people from that country. It can also use styles or techniques that are special to that place. Art is like a story that can teach us about a country's past and present.

3. Do you think the popularity of digital art will continue to grow?

- Yes, I think digital art will become more popular. It's easy to share online, and artists can use technology to create things that aren't possible with traditional art. More people are learning how to make digital art, so we'll probably see a lot more of it in the future.

4. How can artists contribute to society apart from creating art?

- Artists can teach others about art or how to be creative. They can also work on community projects, like painting murals, to make public spaces more beautiful. Sometimes, artists help raise awareness about important issues through their art.

5. What role do you think art plays in shaping public opinion?

- Art can play a big role in shaping public opinion. It can make people think about important issues like the environment or human rights. Art can also bring out strong emotions, which can make people care more about these issues.

## Lesson 28. The role of social media

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where do you live?
3. Are you a student or do you work?
4. Do you use social media? What platforms do you use?
5. How often do you use social media?
6. What do you like about using social media?
7. Do you think there are any negative aspects of social media?
8. Have you ever learned something important through social media?
9. Do you think social media is more beneficial for young people or older people?
10. How do you think social media has changed the way people communicate?

### 2. Part 2: Long Turn (Cue Card)

Talk about how social media has affected your life or the lives of people you know.

- You should say:
  - In what ways it has had an impact
  - Both positive and negative aspects
  - How you think it might influence the future

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Do you think social media is an important tool for education or awareness-raising?
2. How can social media influence business and marketing?
3. What role does social media play in politics and public opinion?
4. Can social media have an impact on mental health? In what ways?
5. How do you see the role of social media evolving in the future?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Valiyeva Nuray.
2. Where do you live?
  - I live in Baku, Azerbaijan. It's a vibrant city with a mix of modernity and tradition.
3. Are you a student or do you work?
  - I am a student currently. I'm focusing on my studies and personal development.



4. Do you use social media? What platforms do you use?

- Yes, I use social media quite a bit. My favorite platforms are Instagram and TikTok.

5. How often do you use social media?

- I use social media every day. It's a regular part of my daily routine, especially in the evenings.

6. What do you like about using social media?

- I like that it keeps me connected with friends and lets me see what's happening around the world. It's also great for entertainment and discovering new trends and ideas.

7. Do you think there are any negative aspects of social media?

- Yes, I think spending too much time on social media can be distracting. It can also sometimes make people feel bad if they start comparing themselves to others.

8. Have you ever learned something important through social media?

- Yes, I've learned about different cultures and global issues through social media. It's also a good place to find educational content and tips about various subjects.

9. Do you think social media is more beneficial for young people or older people?

- I think it's beneficial for both but in different ways. Young people use it to stay up-to-date and connect with friends, while older people might use it to keep in touch with family or learn new things.

10. How do you think social media has changed the way people communicate?

- Social media has made communication faster and more visual. People now use more images, videos, and emojis to express themselves. It's also made communication more informal.

**Sample Response for Part 2 - Long Turn (Cue Card):**

Social media, particularly Instagram and TikTok, has had a significant impact on my life, especially in learning English. For me, these platforms have been incredibly useful for improving my language skills. I follow various English learning pages on Instagram, where I get daily tips, vocabulary, and grammar lessons. TikTok is also great for watching short, **engaging** videos in English, which helps with my listening skills and exposes me to different accents and slang.

One of the positive aspects of social media is that it provides access to educational content in a fun and interactive way. It's also a great tool for **staying connected** with friends and being aware of global

**New Words and Phrasal Verbs:**

1. **Interactive:** Allowing a two-way flow of information between a user and the system or service, often as a part of learning.

- Instagram and TikTok provide interactive ways to learn English.

2. **Distracting:** Causing one to lose focus or attention.

- Social media can be distracting and time-consuming.

3. **Personalized:** Tailored to meet the individual needs or preferences of the user.

trends and news. However, there are negative aspects too. It can be quite distracting and time-consuming. Sometimes, the pressure to present a perfect life on these platforms can be stressful and impact mental health.

Looking towards the future, I think *social media* will continue to play a big role in education and personal development. It has the potential to become an even more integrated part of learning, offering more personalized and diverse content. However, it's also important to find a balance and ensure that it doesn't replace face-to-face interactions and real-world experiences.

- Social media offers personalized learning experiences.

4. **Face-to-face interactions:** Direct, in-person communication between people.

- It's important to balance social media use with face-to-face interactions.

### ***Part 3: Discussion***

1. Do you think social media is an important tool for education or awareness-raising?

- Yes, social media can be very important for education and awareness. It's a quick way to spread information and can reach a lot of people. It's also interactive, which makes learning more engaging.

2. How can social media influence business and marketing?

- Social media is a powerful tool for businesses. It helps them reach customers easily and learn about their preferences. Businesses can advertise their products and create a brand image using social media platforms.

3. What role does social media play in politics and public opinion?

- Social media plays a big role in politics. It helps politicians communicate with the public and share their messages. It also allows people to discuss and share their opinions, which can influence public opinion.

4. Can social media have an impact on mental health? In what ways?

- Yes, social media can impact mental health. Spending too much time on it can lead to stress or feeling bad about oneself, especially when comparing lives with others. However, it can also provide support networks and positive interactions.

5. How do you see the role of social media evolving in the future?

- In the future, social media might become more integrated into all aspects of life. It could be used even more for education, work, and personal connections. It's also possible that there will be new ways to control its negative effects.

## Lesson 29. Travel and Exploration

### 1. Part 1: Introduction and Interview

1. What type of clothes do you like to wear?
2. Do you wear different clothes on special occasions?
3. What is your favorite piece of clothing? Why?
4. Have you ever received clothes as a gift?
5. Do you prefer comfort or style when choosing clothes?
6. Are there any traditional clothes in your country?
7. Have your clothing choices changed over the years?

### 2. Part 2: Long Turn (Cue Card)

Describe a memorable trip you have taken or would like to take.

- You should say:
  - Where you went or would like to go
  - What you did or would like to do there
  - Why it was or would be memorable

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think people enjoy traveling?
2. How can traveling to new places change a person's perspective?
3. Do you think travel will change in the future? How?
4. How important is it to learn about other cultures through travel?
5. What role does technology play in travel and exploration today?

## Model responses

### Part 1: Introduction and Interview

1. What type of clothes do you like to wear?
  - I like wearing casual clothes most of the time, like jeans and t-shirts. They are comfortable and easy to wear for everyday activities.
2. Do you wear different clothes on special occasions?
  - Yes, on special occasions, I wear more formal clothes. For example, a nice dress or a suit, depending on the event.
3. What is your favorite piece of clothing? Why?
  - My favorite piece of clothing is a blue denim jacket. It's comfortable, matches with a lot of things, and is perfect for different kinds of weather.

4. Have you ever received clothes as a gift?

- Yes, I've received clothes as gifts, especially on birthdays or during holidays. Sometimes they are exactly what I like, but other times they might not be my style.

5. Do you prefer comfort or style when choosing clothes?

- I prefer comfort when choosing clothes. It's important for me to feel relaxed in what I wear, though I also like my clothes to look good.

6. Are there any traditional clothes in your country?

- Yes, in my country, we have traditional clothes that are often worn on cultural days or at festivals. They are usually colorful and have unique designs.

7. Have your clothing choices changed over the years?

- Yes, my clothing choices have changed over the years. When I was younger, I liked brighter colors and bold patterns, but now I prefer more classic and simple styles.

**Sample Response for Part 2 - Long Turn (Cue Card):**      **New Words and Phrasal Verbs:**

A memorable trip that I took was to Istanbul, Turkey. It's a city that always fascinated me with its rich history and beautiful architecture. The city's unique position, straddling two continents, Europe and Asia, makes it even more special.

During my visit, I explored many historical sites like the Hagia Sophia, the Blue Mosque, and the Grand Bazaar. I was amazed by the stunning architecture and the stories behind these places. I also enjoyed a boat ride on the Bosphorus, which was a beautiful way to see the city from a different perspective.

The trip was memorable because of the mix of cultures and history I experienced there. The food was incredible, with a variety of flavors that were new to me. Walking through the streets, you could feel the blend of the old and the new, which is very unique to Istanbul. The warmth and hospitality of the people also made the trip very special.

This trip to Istanbul stands out in my mind because it was not just a vacation, but a journey through history and culture. It was an experience that broadened my perspective and left me with lasting memories.

1. **Straddling:** Sit or stand with one leg on either side of.

- Istanbul is unique for straddling two continents.

2. **Stunning:** Extremely impressive or attractive.

- The architecture in Istanbul is stunning.

3. **Blend:** Mix a substance with another substance.

- Istanbul is a city where the old and new blend beautifully.

4. **Hospitality:** The friendly and generous reception and entertainment of guests, visitors, or strangers.

- The hospitality of the people in Istanbul made my trip memorable.

### *Part 3: Discussion*

1. Why do you think people enjoy traveling?

- People enjoy traveling because it's exciting to see new places and have different experiences. It's also a break from everyday life, and people can relax and have fun. Meeting new people and trying new foods are also reasons why traveling is enjoyable.

2. How can traveling to new places change a person's perspective?

- Traveling can change a person's perspective by exposing them to different ways of life and new ideas. It helps people understand that there are many ways to live and think. This can make someone more open-minded and tolerant.

3. Do you think travel will change in the future? How?

- Yes, I think travel will change. In the future, there might be new ways of traveling, like more eco-friendly options. Technology might make travel easier and faster, and we might see more virtual travel experiences too.

4. How important is it to learn about other cultures through travel?

- It's very important to learn about other cultures through travel. It helps people appreciate and respect differences. It also makes people more aware of global issues and how they are connected to the rest of the world.

5. What role does technology play in travel and exploration today?

- Technology plays a big role in travel today. It makes planning and booking trips easier with apps and websites. People can also use technology to learn about places before they visit, and even navigate and translate languages when they are traveling.

## Lesson 30. Global Festivals and Events

### 1. Part 1: Introduction and Interview

1. What color do you like most?
2. What colors are in your room?
3. Do you wear clothes in your favorite color often?
4. Are some colors better for cars? Which ones?
5. What color is your bag or backpack?
6. Do colors make you feel happy or sad? Which colors?
7. Do you like colorful pictures or drawings?

### 2. Part 2: Long Turn (Cue Card)

Describe an international festival or event that you find interesting.

- You should say:
  - What the festival or event is
  - Where and when it takes place
  - Why it interests you or what you find appealing about it

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think some festivals become globally significant?
2. How do international festivals contribute to cultural exchange?
3. In what ways do festivals and events support local economies?
4. Do you think the way people celebrate festivals has changed due to globalization?
5. How might future technological advancements impact the way festivals are celebrated?

## Model responses

### Part 1: Introduction and Interview

1. What color do you like most?
  - My favorite color is blue. I like it because it's calm and reminds me of the sky and the sea.
2. What colors are in your room?
  - My room has mostly neutral colors like white and beige, but I have some blue decorations and beddings to add a bit of my favorite color.
3. Do you wear clothes in your favorite color often?
  - Yes, I often wear clothes in blue. I have several shirts and a couple of dresses in different shades of blue.

4. Are some colors better for cars? Which ones?

- I think it depends on personal preference, but common car colors are black, white, and silver. These colors are popular because they look clean and elegant.

5. What color is your bag or backpack?

- My backpack is dark gray. It's a practical color that doesn't get dirty easily.

6. Do colors make you feel happy or sad? Which colors?

- Yes, colors can affect my mood. Bright colors like yellow and orange make me feel happy and energetic, while dark colors can sometimes make me feel a bit sad or serious.

7. Do you like colorful pictures or drawings?

- I do like colorful pictures and drawings. They are lively and can make a space feel more cheerful and interesting.

**Sample Response for Part 2 - Long Turn (Cue Card):**      **New Words and Phrasal Verbs:**

One international festival that I find really interesting is the Carnival of Venice, also known as Carnevale di Venezia. This festival takes place in Venice, Italy, and it usually happens in February, leading up to Lent. The city becomes alive with people wearing elaborate masks and costumes, making it a colorful and vibrant spectacle.

The Carnival of Venice is famous for its stunning masks and the sense of mystery they bring. People wear different types of masks, from beautiful and elegant to quirky and creative ones. The streets and canals of Venice are filled with parades, music, and performances, turning the city into an open-air theater.

What interests me most about this festival is the history behind it. It dates back to the 12th century and was a way for Venetians to let loose before the restrictions of Lent. The masks also allowed people to mingle without the constraints of social class. Today, it's a celebration of Venice's rich culture and history.

The idea of a city transforming into a place of fantasy and celebration is very appealing. It's like stepping into another world where everyone can be anyone they want behind their masks. This festival is not just a party; it's a tribute to history, art, and the spirit of freedom.

1. **Spectacle:** A visually striking performance or display.

- The Carnival of Venice is a vibrant spectacle with its masks and costumes.

2. **Mingle:** To move freely around a place or at a social function, associating with others.

- Masks allowed people to mingle freely, regardless of their social status.

3. **Constraints:** Limitations or restrictions.

- The masks removed social constraints during the festival.

4. **Tribute:** An act, statement, or gift that is intended to show gratitude, respect, or admiration.

- The festival is a tribute to Venice's history and culture.

### ***Part 3: Discussion***

1. Why do you think some festivals become globally significant?
  - Some festivals become globally significant because they are unique and have a special meaning or history. They often represent the culture of a place in a fascinating way. Also, media and tourism help in making them known all over the world.
  
2. How do international festivals contribute to cultural exchange?
  - International festivals allow people from different countries to learn about each other's cultures. When people visit these festivals, they experience new traditions, foods, and music. This exchange of culture can lead to better understanding and appreciation among different people.
  
3. In what ways do festivals and events support local economies?
  - Festivals and events attract tourists, which is good for local businesses like hotels, restaurants, and shops. They create jobs and bring in money to the area. Local artists and workers also get a chance to show their skills and sell their products.
  
4. Do you think the way people celebrate festivals has changed due to globalization?
  - Yes, globalization has changed how we celebrate festivals. People now adopt festival traditions from other cultures. Also, with social media, people are more aware of different festivals around the world and sometimes celebrate them even if they're not from their own culture.
  
5. How might future technological advancements impact the way festivals are celebrated?
  - Technology might make festivals even more impressive in the future. We could see things like virtual reality experiences or drones for light shows. Technology could also make it easier for people to join festivals from all over the world online.



## Lesson 31. Entrepreneurship and Startups

### 1. Part 1: Introduction and Interview (General)

1. Do you save money or spend it?
2. What do you usually spend your money on?
3. Did you ever save money for something special?
4. Is it important to learn about money at school?
5. How do you feel when you have to spend a lot of money?
6. Do you get pocket money or an allowance?
7. What would you do if you won a lot of money?

### 2. Part 2: Long Turn (Cue Card)

Describe a startup or entrepreneurial idea that you find interesting.

- You should say:
  - What the idea or business is
  - Who came up with it
  - Why you find it interesting

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think startups have become so popular in recent years?
2. What challenges do startups usually face?
3. How important do you think innovation is in entrepreneurship?
4. Do you think education systems should encourage entrepreneurship? Why?
5. How do you envision the future of startups and entrepreneurship?

## Model responses

### Part 1: Introduction and Interview

1. Do you save money or spend it?
  - I try to save money, but sometimes I spend it on things I like. I think it's important to have a balance between saving and spending.
2. What do you usually spend your money on?
  - I usually spend my money on essentials like food and transport. Sometimes, I also spend a little on entertainment or going out with friends.
3. Did you ever save money for something special?
  - Yes, I once saved money to buy a new smartphone. It took me a few months, but it was worth it because I really needed it for school and staying in touch with friends.

4. Is it important to learn about money at school?

- I think it's very important to learn about money at school. Understanding how to manage money is a useful life skill, and it helps you make better financial decisions when you're older.

5. How do you feel when you have to spend a lot of money?

- Spending a lot of money makes me a bit nervous. I always worry if it's the right decision and if I'm spending my money wisely.

6. Do you get pocket money or an allowance?

- Yes, I get a small amount of pocket money from my parents. It helps me manage my own expenses and learn how to budget.

7. What would you do if you won a lot of money?

- If I won a lot of money, I'd first save a good portion of it. Then, I'd probably use some to travel and maybe buy something nice for my family.

**Sample Response for Part 2 - Long Turn (Cue Card):**

One entrepreneurial idea that I find particularly interesting is the concept of a 'green' cafe. This is not a specific business, but a general idea that various entrepreneurs have implemented in different cities. The concept of the green cafe is to offer food and drinks in an environmentally friendly and sustainable way.

These cafes often use locally sourced ingredients to reduce carbon emissions from transportation. They also focus on minimizing waste by using biodegradable packaging and encouraging recycling. Some even have indoor plants and green spaces to create a natural and relaxing atmosphere for customers.

What makes this idea interesting to me is its focus on environmental sustainability. In a world facing issues like climate change and pollution, it's refreshing to see a business model that prioritizes the planet. It's not just about making a profit; it's about making a positive impact on the environment and encouraging people to make eco-friendly choices. This idea shows how businesses can be both successful and responsible.

**New Words and Phrasal Verbs:**

1. **Sustainable:** Able to be maintained at a certain rate or level, especially without causing damage to the environment.

- The green cafe is an example of a sustainable business.

2. **Minimizing waste:** Reducing the amount of waste produced to the lowest possible level.

- These cafes focus on minimizing waste in their operations.

3. **Biodegradable:** Capable of being decomposed naturally without harming the environment.

- They use biodegradable packaging for their products.

4. **Eco-friendly:** Not harmful to the environment.

- The idea promotes eco-friendly living and consumption.

### ***Part 3: Discussion***

1. Why do you think startups have become so popular in recent years?
  - Startups have become popular because they offer new and innovative solutions to problems. People are always looking for better and more efficient ways to do things. Also, technology has made it easier to start a business and reach a wide audience.
  
2. What challenges do startups usually face?
  - Startups often face challenges like finding enough money to start and grow the business. They also have to compete with bigger, established companies. Another challenge is making sure they have a good product or service that people will want to use or buy.
  
3. How important do you think innovation is in entrepreneurship?
  - Innovation is very important in entrepreneurship. It's what makes a new business stand out from the rest. Being innovative means coming up with unique ideas that can attract customers and solve real problems.
  
4. Do you think education systems should encourage entrepreneurship? Why?
  - Yes, education systems should encourage entrepreneurship. It teaches students to be creative and problem-solvers. Learning about entrepreneurship can also give students the skills they need to start their own businesses in the future.
  
5. How do you envision the future of startups and entrepreneurship?
  - In the future, I think startups and entrepreneurship will continue to grow. They will probably focus on using new technologies to solve important issues like climate change and healthcare. Startups will keep bringing fresh ideas and innovations to the business world.

## Lesson 32. Movies vs. Books

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where do you live?
3. Are you a student or do you work?
4. Do you enjoy reading books? What kind of books do you like?
5. Do you like watching movies? What type of movies do you prefer?
6. How often do you read books or watch movies?
7. Do you have a favorite book or movie? What is it?
8. Do you prefer to read a book or watch a movie adaptation of a story? Why?
9. Have you ever read a book and then watched the movie version? Which did you prefer?
10. Do you think movies can tell a story as well as books do?

### 2. Part 2: Long Turn (Cue Card)

Talk about a book that you think should be made into a movie or a movie that was better than the book.

- You should say:
  - What the book or movie is
  - Why you think it should be made into a movie or why it was better than the book
  - How you think the movie version would be different

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. What do you think are the main differences between books and movies?
2. How do you think reading a book differs from watching a movie in terms of experience?
3. Do you think certain stories are better told through books or movies? Why?
4. How do you think technology has affected the way people enjoy books and movies?
5. Do you think that the popularity of movies has affected people's interest in reading books?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?
  - Yes, my name is Leman.
2. Where do you live?
  - I live in Baku, Azerbaijan. It's a city that's both modern and rich in history.
3. Are you a student or do you work?
  - I'm currently a student. I'm focusing on my studies right now.

4. Do you enjoy reading books? What kind of books do you like?  
- Yes, I really enjoy reading. I mostly like reading fiction, especially novels and stories with interesting characters and plots.
5. Do you like watching movies? What type of movies do you prefer?  
- I do like watching movies. My favorites are usually romantic comedies and adventure films.
6. How often do you read books or watch movies?  
- I try to read a book at least once a week. As for movies, I usually watch one or two on the weekends.
7. Do you have a favorite book or movie? What is it?  
- My favorite book is 'Pride and Prejudice' by Jane Austen. It's a classic. And my favorite movie is 'The Lord of the Rings' series because of the adventure and fantasy elements.
8. Do you prefer to read a book or watch a movie adaptation of a story? Why?  
- I prefer to read the book first because it gives me a chance to imagine the characters and settings in my own way. Then I watch the movie to see how it compares to my imagination.
9. Have you ever read a book and then watched the movie version? Which did you prefer?  
- Yes, I've done that a few times. For 'The Hunger Games,' I preferred the book because it had more details and depth to the story.
10. Do you think movies can tell a story as well as books do?  
- Movies can tell a story well, but they have time limits. Books can go into more detail and let you get to know the characters and story better.

**Sample Response for Part 2 - Long Turn (Cue Card):**

I recently read a book called 'The Night Circus' by Erin Morgenstern, and I think it would make an amazing movie. The book is about a magical circus that only opens at night and two young magicians who are pitted against each other in a mysterious competition. The story is filled with enchanting descriptions and has a unique blend of romance, mystery, and fantasy.

I think 'The Night Circus' should be made into a movie because the visual elements in the book are so vivid and imaginative. It would be fascinating to see the magical circus come to life on screen with all its wonders and illusions. The book's enchanting atmosphere could be

**New Words and Phrasal Verbs:**

1. **Enchanting:** Delightfully charming or attractive.  
- The Night Circus' is an enchanting story filled with magic.
2. **Vivid:** Producing powerful feelings or strong, clear images in the mind.  
- The book has vivid descriptions that would look amazing in a movie.
3. **Cinematic techniques:** Methods employed in filmmaking to convey stories and evoke emotions.  
- Cinematic techniques could bring the book's magical elements to life.

beautifully captured through cinematic techniques and special effects.

If this book were made into a movie, I think the visual representation of the circus would be the most different aspect. The movie could really bring out the magical elements of the circus, like the ice garden and the cloud maze. Also, while the book focuses a lot on internal thoughts and feelings, the movie would likely focus more on the action and the visual spectacle of the circus. I believe a movie adaptation would complement the book by providing a stunning visual experience that aligns with the book's magical essence.

4. **Visual spectacle:** A show or display that is visually impressive and entertaining.

- The movie version could turn the book into a visual spectacle.

### ***Part 3: Discussion***

1. What do you think are the main differences between books and movies?

- The main difference is that books allow you to imagine the characters and settings, while movies present these visually. Books usually provide more details and background information, while movies focus more on action and dialogue.

2. How do you think reading a book differs from watching a movie in terms of experience?

- Reading a book is a more personal experience. You create the world in your mind, which can take time. Watching a movie is a shared experience, often with others, and it's more about seeing and hearing the story than imagining it.

3. Do you think certain stories are better told through books or movies? Why?

- Yes, I think so. Complex stories with lots of internal thoughts or detailed worlds are often better as books. Fast-paced stories with lots of action or visual elements can be more enjoyable as movies.

4. How do you think technology has affected the way people enjoy books and movies?

- Technology has made books and movies more accessible. E-books and audiobooks have made reading easier for many people. For movies, streaming services allow people to watch a wide variety of films easily.

5. Do you think that the popularity of movies has affected people's interest in reading books?

- Maybe a little, but I don't think movies have greatly reduced the interest in reading. Many people still enjoy the depth and detail that books offer. Sometimes, a movie can even make people more interested in reading the book it was based on.

## Lesson 33. Personal Finance Management

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where are you from?
3. Are you currently working or studying?
4. Do you manage your own finances?
5. How do you feel about budgeting?
6. What do you think is the hardest part about managing money?
7. Have you ever saved up for something special? What was it?
8. Do you think children should be taught about money management in school?
9. How do you decide what to spend your money on?
10. Do you use any tools or apps to help you manage your finances?

### 2. Part 2: Long Turn (Cue Card)

Talk about a time when you had to manage your finances carefully.

- You should say:
  - What the situation was
  - Why you needed to manage your money
  - How you felt about this experience

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why is it important to learn about managing personal finances?
2. Do you think managing finances has become easier or harder with modern technology?
3. How do financial habits impact a person's future?
4. What role do you think financial education plays in reducing poverty?
5. How might financial management change as one grows older?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Jale.
2. Where are you from?
  - I'm from Nakhchivan, Azerbaijan. It's a beautiful region known for its history and culture.
3. Are you currently working or studying?
  - I'm currently studying at Nakhchivan State University. My main focus is on my academics right now.

4. Do you manage your own finances?

- Yes, I do manage my own finances. It's important for me to keep track of my spending and savings.

5. How do you feel about budgeting?

- I think budgeting is essential. It can be challenging to stick to a budget, but it helps me ensure I'm not overspending.

6. What do you think is the hardest part about managing money?

- The hardest part is balancing between saving for the future and spending on current needs and wants. Sometimes, unexpected expenses can also make it tricky.

7. Have you ever saved up for something special? What was it?

- Yes, I saved up for a new smartphone last year. It took some time, but it was worth it as I needed it for both university and personal use.

8. Do you think children should be taught about money management in school?

- Absolutely. Learning about money management early on can help children develop good financial habits for the future.

9. How do you decide what to spend your money on?

- I prioritize my expenses, with necessities like food and educational materials first. Then, if I have extra, I might spend it on leisure or save it.

10. Do you use any tools or apps to help you manage your finances?

- I don't use any specific apps, but I do keep a written record of my expenses to track my spending patterns.

**Sample Response for Part 2 - Long Turn (Cue Card):**

**New Words and Phrasal Verbs:**

There was a time when I had to manage my finances very carefully. It was during my final year of university, and I was planning to go on a study trip abroad. The trip was costly, and I had to cover the expenses like airfare, accommodation, and daily living costs. It was a significant amount for a student, and I knew I needed to save and budget wisely to make it happen.

To manage my money, I started by cutting down on unnecessary expenses. I reduced eating out, opted for cheaper alternatives for entertainment, and limited my shopping to only essential items. I also started doing part-time work to add to my savings. This required a lot of discipline and planning, as I had to balance work, studies, and saving money.

1. **Budget:** An estimate of income and expenditure for a set period.

- I had to budget wisely for my trip.

2. **Discipline:** The practice of training oneself to do something in a controlled and habitual way.

- It required a lot of discipline to save money.

3. **Enriching:** Providing wealth of experience and enhancing one's knowledge.



I felt a mix of emotions about this experience. On one hand, it was challenging to restrict my spending and work extra hours while managing my studies. There were moments when I felt overwhelmed and even questioned if the trip was worth all this effort. But on the other hand, I felt proud of myself for being responsible and focused on my goal. Each time I added money to my savings, I felt a step closer to my dream trip.

- The trip turned out to be an enriching experience.

4. **Perseverance:** Persistence in doing something despite difficulty or delay in achieving success.

- The experience taught me about perseverance in achieving goals.

In the end, all the effort paid off. I was able to go on the trip, which turned out to be one of the most enriching experiences of my life. This experience taught me valuable lessons about money management, the importance of setting goals, and the satisfaction of achieving something through hard work and perseverance.

### ***Part 3: Discussion***

1. Why is it important to learn about managing personal finances?

- Learning about managing personal finances is important because it helps people control their spending, save money, and prepare for future expenses. Good financial management also helps in avoiding debt and can provide a sense of security.

2. Do you think managing finances has become easier or harder with modern technology?

- It has become easier with modern technology. Apps and online tools help people track their spending and savings easily. However, technology also makes it easier to spend money quickly, especially with online shopping, so people need to be careful.

3. How do financial habits impact a person's future?

- Good financial habits, like saving and budgeting, can lead to a secure future and less stress about money. Bad habits, like overspending or not saving, can lead to financial problems and limit a person's options in the future.

4. What role do you think financial education plays in reducing poverty?

- Financial education is key in reducing poverty. It teaches people how to manage their money effectively, make better financial decisions, and use resources like loans and savings to improve their lives.

5. How might financial management change as one grows older?

- As people grow older, their financial management often changes to focus more on saving for retirement and healthcare costs. They might also need to manage larger budgets or deal with different types of financial products like pensions or investments.

## Lesson 34. Mindfulness and Mental Health

### 1. Part 1: Introduction and Interview

1. Can you tell me your name, please?
2. Where are you from?
3. Are you a student, or do you work?
4. What do you do to relax in your free time?
5. Have you ever heard about mindfulness? What do you know about it?
6. Do you think it's important to take care of mental health? Why?
7. Are there any activities that help you feel calm and relaxed?
8. How do you deal with stress or difficult emotions?
9. Do you think people are more aware of mental health nowadays?
10. Is talking about mental health common in your community or culture?

### 2. Part 2: Long Turn (Cue Card)

Describe a method or practice that helps you maintain good mental health.

- You should say:
  - What the method or practice is
  - How you do it or how often
  - Why you think it is effective

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. Why do you think mindfulness and mental health have become important topics recently?
2. How can schools or workplaces support the mental health of their students or employees?
3. Do you think there are differences in how mental health is viewed in different cultures?
4. How important do you think community support is for mental health?
5. In the future, how do you think society's approach to mental health might change?

## Model responses

### Part 1: Introduction and Interview

1. Can you tell me your name, please?
  - Yes, my name is Sema.
2. Where are you from?
  - I'm from Nakhchivan, Azerbaijan. It's a region known for its unique culture and history.
3. Are you a student, or do you work?
  - I'm currently a student at Nakhchivan State University, focusing on my studies.

4. What do you do to relax in your free time?

- To relax, I enjoy reading, listening to music, and sometimes going for walks. These activities help me unwind and clear my mind.

5. Have you ever heard about mindfulness? What do you know about it?

- Yes, I've heard about mindfulness. It's about being present in the moment and aware of your thoughts and feelings without judgment. It's supposed to help with stress.

6. Do you think it's important to take care of mental health? Why?

- I think it's very important to take care of mental health. Just like physical health, it affects how we feel and function daily. Good mental health helps in dealing with life's challenges.

7. Are there any activities that help you feel calm and relaxed?

- Yes, I find that deep breathing exercises and sometimes yoga help me feel calm. Also, spending time with friends and family can be very relaxing.

8. How do you deal with stress or difficult emotions?

- When I'm stressed or upset, I try to talk about my feelings with someone I trust. Sometimes, writing in a journal also helps me process my emotions.

9. Do you think people are more aware of mental health nowadays?

- I think so. There's more information available about mental health now, and people seem to be talking about it more openly.

10. Is talking about mental health common in your community or culture?

- It's becoming more common, but there's still some stigma around it. However, I think this is slowly changing as people understand more about mental health.

**Sample Response for Part 2 - Long Turn (Cue Card):**    **New Words and Phrasal Verbs:**

A practice that I find really helpful for maintaining good mental health is doing yoga and meditation. I try to practice yoga at least three times a week, usually in the mornings. It involves various physical postures, breathing techniques, and sometimes meditation at the end.

The way I do it is by following online yoga sessions. These sessions guide me through different poses and help me focus on my breathing. At the end of each session, there's usually a short meditation where I sit quietly, close my eyes, and try to clear my mind of any stressful thoughts.

1. **Meditation:** A practice where an individual uses a technique to focus their mind on a particular object, thought, or activity to achieve a mentally clear and emotionally calm state.

- Meditation helps in achieving mental clarity and reducing stress.

2. **Mindfulness:** The quality or state of being conscious or aware of something.

- Yoga and meditation increase mindfulness.

I think this practice is effective for good mental health because it helps reduce stress and anxiety. Yoga is not just about physical flexibility; it's also about calming the mind and finding inner peace. The breathing exercises in particular help in managing stress levels. After each yoga session, I feel more relaxed and mentally clear. It's a great way to start the day with a positive and calm mindset.

Moreover, the meditation part of yoga teaches me to be more mindful and present at the moment. This mindfulness helps me in dealing with daily challenges in a more balanced and less reactive way. Overall, I believe yoga and meditation are excellent tools for anyone looking to improve their mental well-being.

### ***Part 3: Discussion***

1. Why do you think mindfulness and mental health have become important topics recently?

- Mindfulness and mental health have become important because people now recognize that mental health is as important as physical health. Also, modern life can be stressful, so more people are looking for ways to deal with stress and find inner peace.

2. How can schools or workplaces support the mental health of their students or employees?

- Schools and workplaces can offer counseling services and create a supportive environment where people feel safe to talk about their mental health issues. They can also teach stress management techniques and encourage a healthy work-life balance.

3. Do you think there are differences in how mental health is viewed in different cultures?

- Yes, there are differences. In some cultures, mental health issues are not discussed openly, and there can be a stigma attached to them. Other cultures are more open and have a better understanding and acceptance of mental health issues.

4. How important do you think community support is for mental health?

- Community support is very important for mental health. Knowing that there are people who understand and support you can make a big difference. Community programs and support groups can provide help and reduce feelings of isolation.

5. In the future, how do you think society's approach to mental health might change?

- I think society will become more open and accepting of mental health issues. There will likely be more emphasis on prevention and early intervention. Mental health education might become a more integral part of school curriculums, and workplaces might provide more mental health resources.

3. ***Stress levels:*** The amount of mental or emotional pressure or tension a person feels.

- Regular yoga helps in managing stress levels.

4. ***Inner peace:*** A state of mental and emotional calmness, with no anxiety, stress, or worry.

- Yoga helps me find inner peace and relaxation.

## Lesson 35. Reflections on Learning English

### 1. Part 1: Introduction and Interview

1. Could you please tell me your name?
2. Where are you from?
3. How long have you been learning English?
4. Why did you decide to learn English?
5. What do you find most challenging about learning English?
6. Do you have a favorite way to practice your English skills?
7. What achievement are you most proud of in your English learning journey?
8. How do you use English in your daily life?
9. Do you think knowing English will benefit you in the future? How?
10. What are your future goals for learning English?

### 2. Part 2: Long Turn (Cue Card)

Describe a significant milestone or achievement in your English learning journey.

- You should say:
  - What the milestone or achievement was
  - How you accomplished it
  - How it has affected your confidence or ability in using English

*Note: You have one minute to prepare your thoughts on this topic. If it helps, you can write down some notes during this time. Then, you should speak about the topic for two minutes.*

### 3. Part 3: Discussion

1. How do you think English learning can be made more effective and enjoyable?
2. What role does technology play in learning English today?
3. How important do you think English is in the global context?
4. What advice would you give to someone just starting to learn English?
5. How do you see your English skills evolving in the future?

## Model responses

### Part 1: Introduction and Interview

1. Could you please tell me your name?
  - Yes, my name is Leman.
2. Where are you from?
  - I'm from Nakhchivan, Azerbaijan. It's a region known for its rich culture and history.

3. How long have you been learning English?

- I've been learning English for a couple of years now, mainly since starting university. Before that, I studied French at school.

4. Why did you decide to learn English?

- I decided to learn English because it's a global language. Knowing English can open up many opportunities in terms of education and career.

5. What do you find most challenging about learning English?

- The most challenging part for me is speaking. I often worry about making mistakes or not being able to express myself clearly.

6. Do you have a favorite way to practice your English skills?

- I like watching English movies and TV shows. They help me improve my listening skills and I learn new phrases and expressions.

7. What achievement are you most proud of in your English learning journey?

- I'm proud of the fact that I can now understand and participate in basic conversations in English. It was a big goal for me when I started learning.

8. How do you use English in your daily life?

- I mainly use English for reading academic materials and articles. Occasionally, I use it to communicate with tourists or exchange students.

9. Do you think knowing English will benefit you in the future? How?

- Yes, I believe knowing English will be very beneficial. It will help me in my academic pursuits and potentially in finding a good job, as many companies value English proficiency.

10. What are your future goals for learning English?

- My goal is to become fluent in English. I want to be able to speak confidently and use English in professional settings without difficulties.

***Sample Response for Part 2 - Long Turn (Cue Card):***

***New Words and Phrasal Verbs:***

A significant milestone in my English learning journey was the first time I successfully held a conversation in English with a native speaker. It happened a few months ago. I met an exchange student from the UK at my university, and we had a conversation entirely in English. This was a big achievement for me because I had always been nervous about speaking English, especially with native speakers.

To accomplish this, I had spent a lot of time practicing my speaking skills. I watched English movies and

1. ***Milestone:*** An important stage or event in the development of something.

- Holding a conversation in English was a significant milestone for me.

2. ***Boosted:*** Helped to increase or improve something.

- This experience boosted my confidence in speaking English.

repeated phrases, practiced speaking with friends, and even talked to myself in English to improve my fluency and confidence. I also attended English conversation clubs at my university to practice speaking in a more informal setting.

This experience boosted my confidence tremendously. Before this, I was always worried about making mistakes or not being understood. But having a full conversation and being understood was incredibly encouraging. It showed me that I am capable of communicating effectively in English. This achievement has motivated me to continue improving and to use English more often in my daily life. It was a turning point that made me feel more confident and excited about my English learning journey.

### ***Part 3: Discussion***

1. How do you think English learning can be made more effective and enjoyable?

- English learning can be more effective and enjoyable if it includes interactive methods like games, movies, and music. Learning through real-life situations and conversations can also help. Making it fun and relevant to the learner's interests can motivate them more.

2. What role does technology play in learning English today?

- Technology plays a big role in learning English. It provides access to a wide range of resources like online courses, apps for language practice, and videos. It also allows for virtual interactions with native speakers and other learners from around the world.

3. How important do you think English is in the global context?

- English is very important globally. It's often the common language for business, science, technology, and international communication. Knowing English can open up opportunities for education and work in different parts of the world.

4. What advice would you give to someone just starting to learn English?

- For someone starting to learn English, my advice would be to practice regularly and not be afraid of making mistakes. Try to immerse yourself in the language by listening to English songs, watching movies, and speaking with others. And most importantly, be patient and consistent in your learning.

5. How do you see your English skills evolving in the future?

- In the future, I see my English skills becoming much stronger. I plan to become more fluent in speaking and improve my writing skills as well. I also hope to use English more confidently in professional settings and perhaps even study or work in an English-speaking environment.

3. ***Fluency***: The ability to speak or write a language easily and accurately.

- I practiced a lot to improve my fluency in English.

4. ***Motivated***: Provided with a reason to do something; inspired.

- This achievement has motivated me to use English more in my life.





